

RMPS



PE & Aesthetics Sharing

2024

Broad Goals of PE, CCA & Aesthetics Department

To provide a quality PE, Art and Music education that nurture students' physical and aesthetics talents and abilities, and cultivate their interest in adopting a healthy lifestyle and develop an appreciation towards the arts.

Physical Education



GOALS OF PE



- Goal 1: Acquire a range of motor skills to participate in a variety of physical activities.
- Goal 2: Understand and apply movement concepts, principles and strategies in a range of physical activities.
- Goal 3: Demonstrate safe practices during physical and daily activities with respect to themselves, others and the environment.
- Goal 4: Display positive personal and social behaviour across different experiences.
- Goal 5: Acquire and maintain health-enhancing fitness through regular participation in physical activities.
- Goal 6: Enjoy and value the benefits of living a physically active and healthy life.

SCOPE OF PE

- Dance
- Games and Sports
- Gymnastics
- Physical Health and Fitness
- Outdoor Education
- Athletics
- Swimming
- PFT (P4 and 6)



Focus of P1 & P2 Syllabus

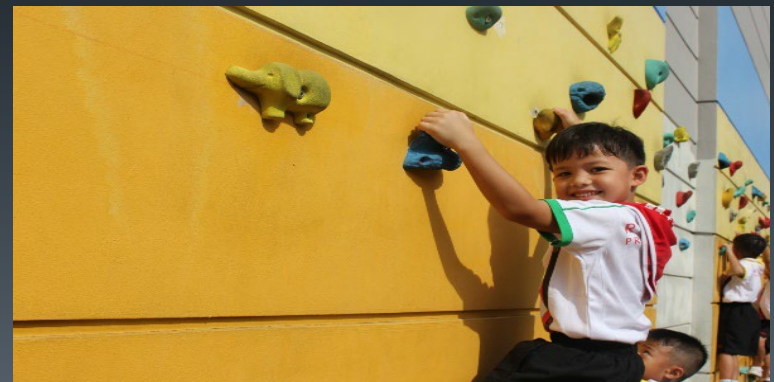
Fundamental Movement

- Locomotor skills
- Non-locomotor skills
- Manipulative skills



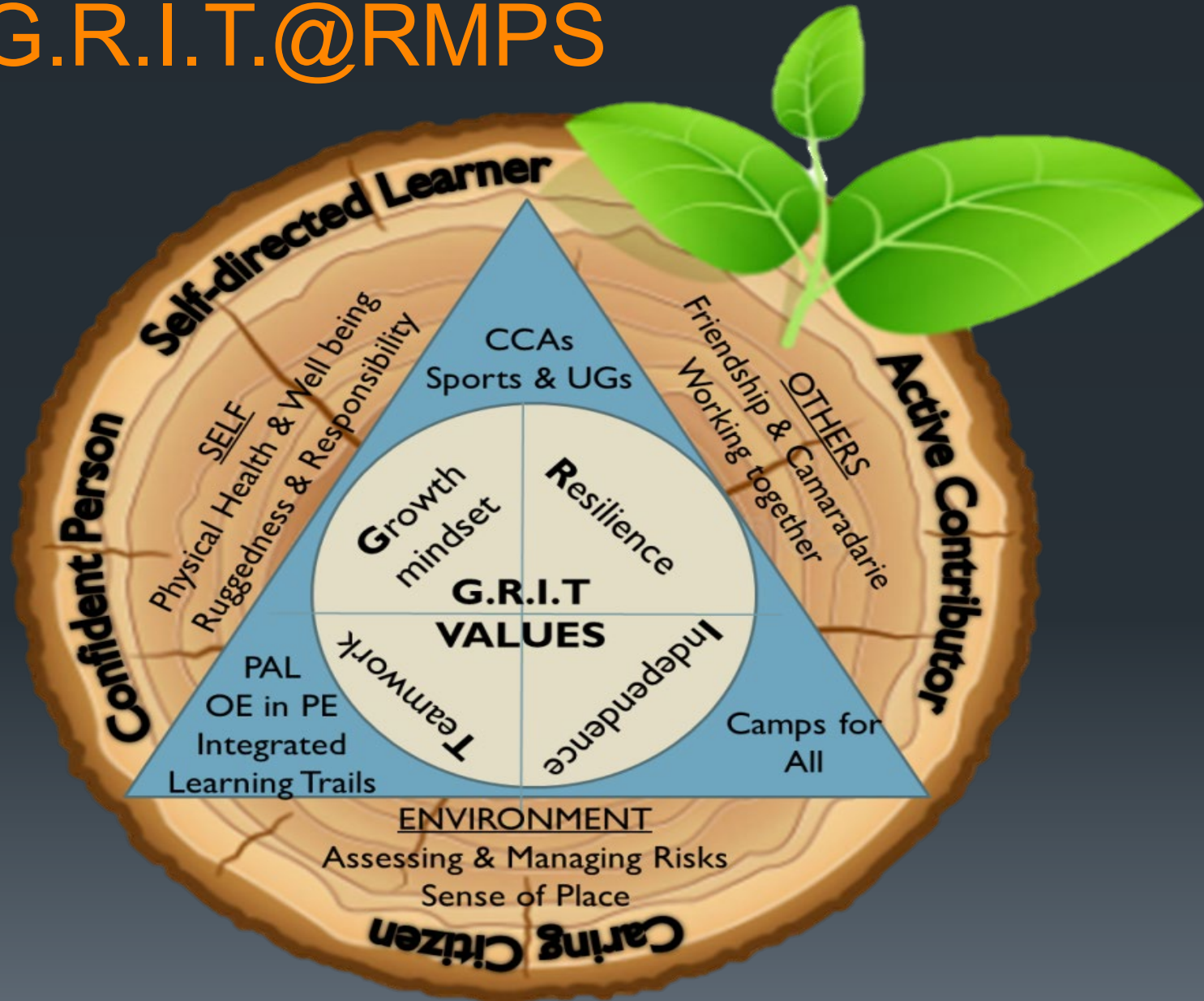
Educational Gymnastics/ Dance

- Movement
- Body awareness
- Coordination
- Sense of rhythm



Learning for Life Programme (LLP) Framework

G.R.I.T.@RMPS



Camps for All as the GRIT@RMPS anchor programme

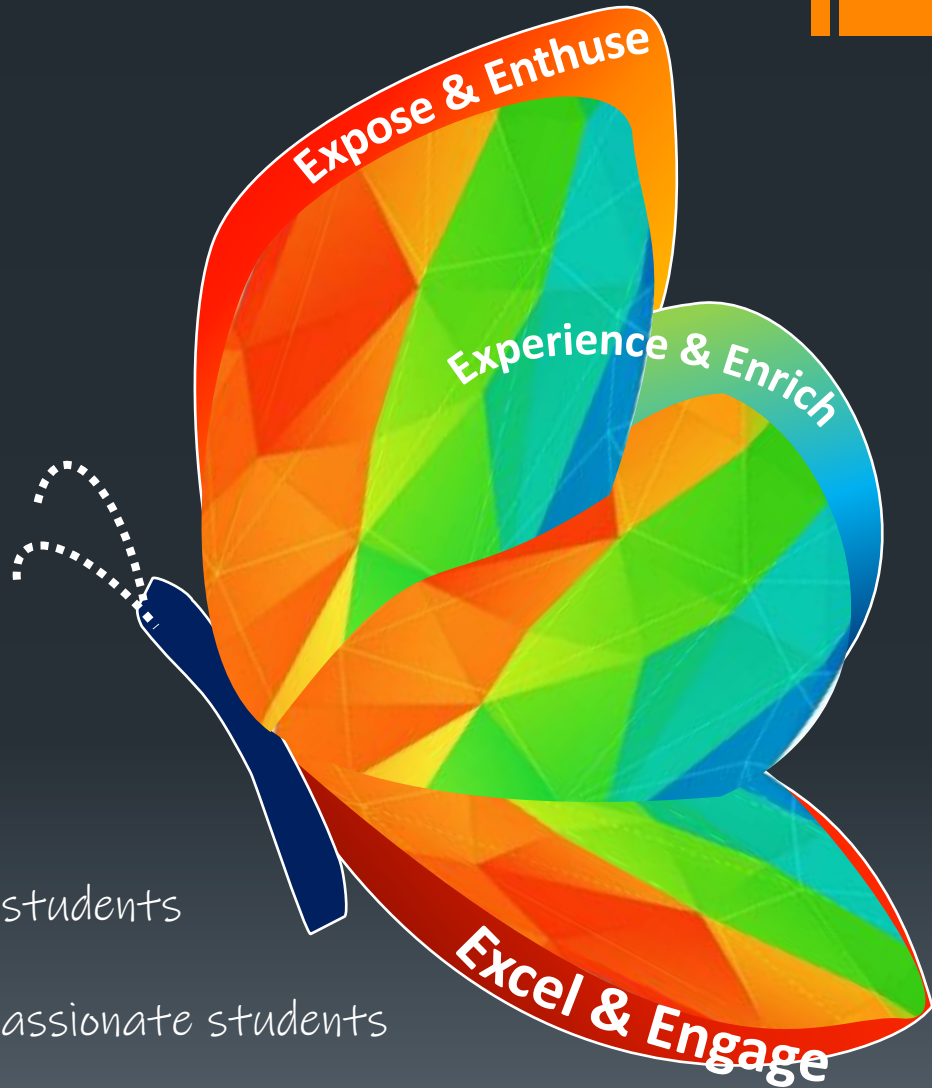
- P1 'Ready for School Camp'
- P3 'Preparing for Outdoor' School Camp
- P5 3D2N 'Outdoor Adventure Camp'
- P6 3N2N Overseas Urban & Cultural Camp





RMPS

Aesthetics Curriculum



Expose _{εï3} Enthuse all students
Experience _{εï3} Enrich passionate students
Excel _{εï3} Engage active artists and connected audience

ART



ART

The art curriculum in primary schools provides the foundation for all primary students to **understand art as a way of learning about themselves and the world around them.**

The aims of art education are to enable every child to:

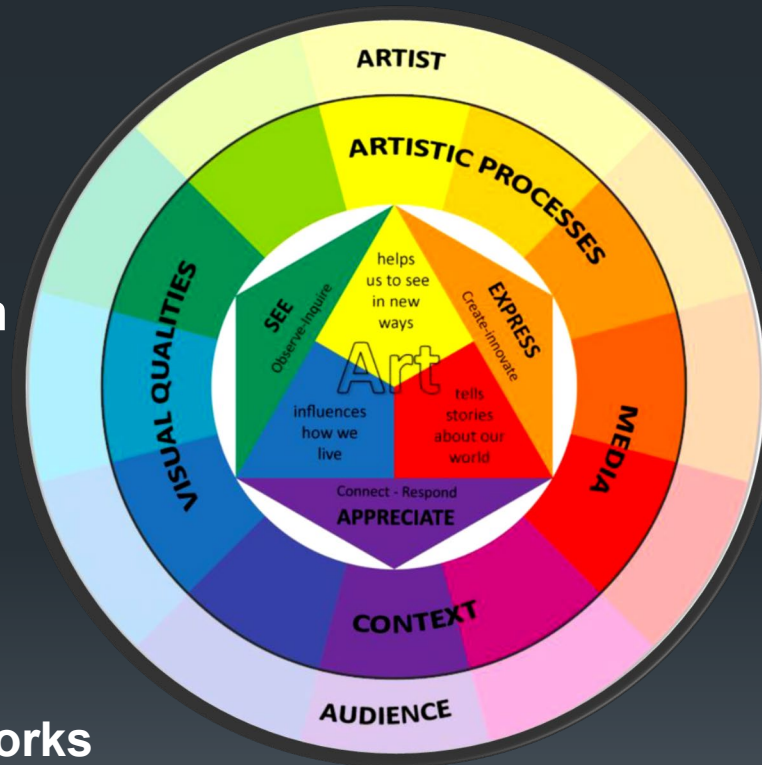
- **Enjoy art,**
- **Communicate visually and**
- **Make meaning through connecting with society and culture.**



The objectives of the art syllabus are achieved mainly through **See, Express and Appreciate**

At the P1 and P2 level, the learning outcomes are as follows:

1. Identify simple visual qualities in what they see around them
2. Ask questions about what they see
3. Draw from their imagination & observation
4. Play with a variety of materials & tools to make art
5. Share their imagination, thoughts & feelings through art making
6. Show interest in looking at a variety of artworks
7. Share what they see, feel and experience using art vocabulary



P1 & P2 ART CURRICULUM & PROGRAMMES

The focus at P1 and 2 are:

- **SEE** -- Be curious about what they see
- **EXPRESS** -- Sharing their imagination, thoughts and feelings through art-making
- **APPRECIATE** -- Enjoy talking about what they see and experience



Art Making with various medium 2D artwork, 3D craftwork and also learn art through ICT via Digital Art lessons

RMPS P1 students making digital Fruit Portrait

Although Art is non-examinable subject at the primary level, assessment in Art is important to provide feedback about child's holistic development.

- To: Students, Parents, Teachers, School Leaders etc
Others like: Secondary School, DSA Application etc



MUSIC



MUSIC



Music Programme is offered to all students in primary and secondary schools.

It is a key platform to provide every child with a basic music education, giving them opportunities to develop a connection to music.



RMPS P5

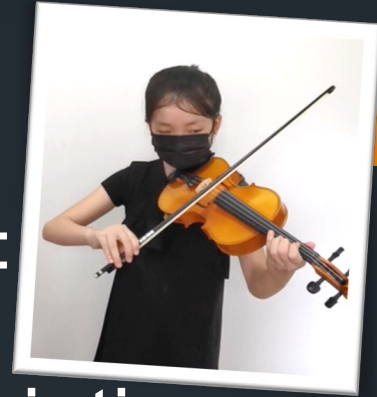
learning Ukulele

(Photo taken in Jan 2020)

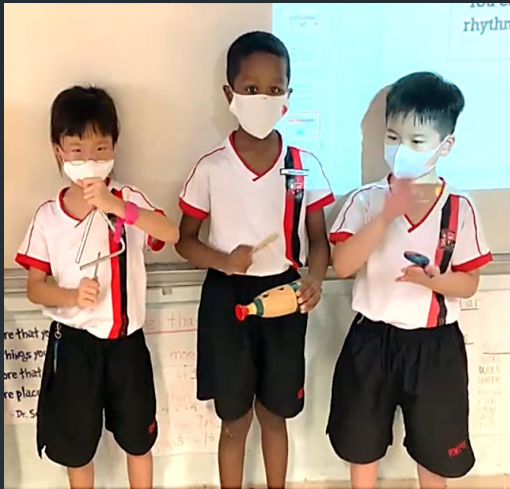
AIMS of Music Syllabus

The aims of Music Syllabus are as follows:

- Develop awareness and appreciation of music in local and global cultures
- Develop ability for creative expression and communication through music
- Provide the basis to develop an informed and life-long involvement in music



RMPS Music cultivates appreciation for world music.



RMPS P1 students making music

Music curriculum designed in RMPS allows students to experience musical concepts through games and activities, followed by presentation of the musical concept by the teacher and reinforcement of the concept through singing and playing of classroom percussion music instruments.

In addition, through learning folk dances and folk songs from European and Asian countries, students will be given the exposure to different cultures since young to cultivate appreciation for world music.



Recess Music Appreciation Performance

P1 & P2 MUSIC SYLLABUS & PROGRAMMES

- The focus at P1 and P2 music are song & movement, learning percussion instruments such as using the handbell, tambourine, cups and wooden blocks
- Perform Music in both instrumental & vocal settings, individually and in groups
- Create Music in both instrumental and vocal settings, individually and in groups
- ICT is weaved into the curriculum where students go through E-music at P4



There will be platforms for students to perform such as Art Festival, Radin Mas Got Talent and various school celebrations. Aesthetics assembly will also be conducted to expose students to various music forms

Programme for Active Learning (PAL) @ RMPS

PAL Outcomes

- Exhibit confidence in what they do and express themselves effectively
- Exhibit curiosity and positive attitudes to learn
- Enjoy group experiences and teamwork



Characteristics of PAL

- Experiential in nature
- Fun and Enjoyable
- Encompasses learning in a creative way
- Provides opportunities for children to reflect
- Incorporates values education* and social and emotional learning
(* responsibility, respect, resilience, integrity, care, harmony, school core values)



PAL @ RMPS


- All Primary 1 and 2 students will participate in PAL
- 2 hours of PAL a week (T1 – 4)
- Each module consists of 7 lessons
- Use of classrooms, garden, field, PAL room and even Bukit Purmei Hillock

| Primary 1 | Primary 2 |
|------------------------|------------------------|
| Sports & Games | Sports & Games |
| Outdoor Education | Outdoor Education |
| Performing Art (Music) | Performing Art (Dance) |
| Visual Arts | Visual Arts |

PE/PAL Programmes/Platforms @ RMPS

| Exposure and Experience for All | Opportunities for the Interested | Development and Participation in Competitions/Tournaments for those who Excel |
|---|--|---|
| P1 & P2 PAL Modules (Sports & Games and OE) | Sports CCA | Junior Sports Academy for talented P4 and P5 students |
| P1, P3, P5 & P6 Camps for All | Play @ Recess | Sports CCA National School Games (NSG) |
| P3 Modular CCA | CCA competitions not offered by the school | Friendly Competitions |
| SwimSafer | ActiveSG Holiday Activities | DSA |
| Mini Olympics | RMPS Rope Skipping Challenge | Inter-class Competitions |
| Olympic Festival | | |
| PE/HE Assembly Programmes | | |
| Sports Education Programmes (SEP) | | |

Aesthetics Programmes/Platforms @ RMPS

| Exposure and Enthuse | Experience and Enrich | Excel and Engage |
|--|--|---|
| P1 & P2 PAL Modules (Performing Arts & Visual Art) | Performing Arts and Visual Arts CCA | SYF Celebrations – Song Writing & Design Competition |
| Music & Art Enrichment Programme (P1-4 Digital Art, P5 Clay Art, P4 E-Music) | P3 Modular CCA | SYF Performing Art |
| Arts Fest (Aesthetics Week) | P2 Arts Learning Journey | SYF Art Exhibition |
| Art Gallery | P4 Museum-based Learning | SOTA P6 Art Competition |
| Museum/Theatre Learning Journey | P6 Arts Experience | RMPS Got Talent |
|  | Drama/Play Performance | RMPS National Day Art Competition |
| | | Lantern Making Competition |
| | | SOTA Art Development Awards |

RMPS PAM PHILOSOPHY

- PE, Art, Music and PAL lessons are essential components of a holistic education.
- Every child should learn and enjoy PE, Art, Music and Outdoor Education.
- Every child should be exposed to a wide range of sports and games, art and music genres and outdoor education activities.

Your Role as a Stakeholder

- Believe in the importance of PAM education
- Encourage our students who are interested to participate actively in sports and games and to pursue the Arts
- Support our PAM programmes and initiatives



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