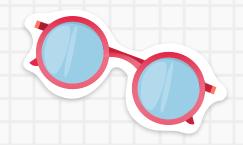


# Dialogue with SCHOOL SCHOOL LEADERS

Primary 6
Radin Mas Primary School
18 July 2023

## Agenda



01

## Year Head's Sharing

Level Highlights



## Dialogue Session

Questions and Answers



#### Semester 1

Bonding Week
P6 Camp
CNY Celebrations
Total Defence
Day

Jan & Feb



#### Mar & Apr

FWLD Day
STEAM Week
MTL Fortnight
International
Friendship Day
Secondary
Schools Fair

ARTs Festival
Hari Raya
Celebrations
DSA Prep For
Interview
Olympic Festival (July)

May & Jun



## **Bonding Week**













## P6 Camp



#### S.T.E.A.M Week & FUN With Learning Day (FWLD)











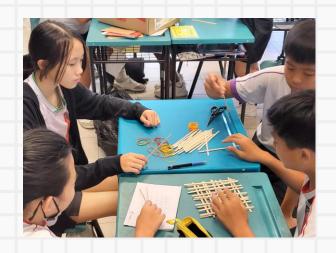






## **STEM Challenges**









**STEM Challenges** 





## Virtual Secondary School Fair & DSA Prep



### **Breakfast With Form Teachers**



Olympics Festival









## In the coming weeks

- Racial Harmony Day
- National Day Celebration

### **Academic Support**

- P6 Supplementary Classes in lieu of CCA
- P6 September Holiday Supplementary Lessons
- P6 Remedial Classes (selected students)











Be a P.S.L.E parent - Proactive, Supportive, Loving and Empowering! https://www.moe.gov.sg/microsites/psle-fsbb/assets/infographics/new-psle-scoring-system/are-you-a-PSLE-parent.pdf

#### What can you do as a parent?

#### 1. SUPERVISE

Look out for signs of distress, and monitor your child's progress.

Noticed any of the following signs that is out of the norm for your child?

- Struggles to pay attention in studies or activities
- Tiredness
- Rebellious streak
- Excuses to miss school/class
- · Stays away from others
- Sulkiness

It may be an indication of too much stress.



#### 2. PROVIDE

Know your child's needs and be present.

Be willing to listen and communicate frequently in an open and supportive manner.

Give them your attention.

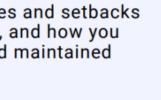


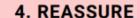
#### What can you do as a parent?

#### 3. ROLE MODEL

Role model resilient behaviour and positive mindsets in everyday situations.

Share with your child some of the challenges and setbacks you've faced, and how you managed and maintained positivity.





Encourage your child regularly.

Provide positive feedback and cheer your child on for every effort.





## How can you manage your own stress?

For some parents, the PSLE period may also be a stressful time.

Parents play an important role in managing the stress and anxiety that you and your children may go through, from the days leading up to the PSLE and results release.

Your behaviour and the home environment you create are crucial in reinforcing resilient mindsets and positive coping mechanisms in your child.

# How can you manage your own stress?



## Celebrate the effort, not the results

Appreciate your child's hard work and show it through a simple gesture.

E.g. Have a nice meal together at the end of the examinations, **before** the results release, to let your child know that you are celebrating his or her effort.



# Ensure that both you and your child get enough down time

Continue to spend time with your child to bond and rest.

Simple activities such as getting some exercise or playing a board game together can help to relieve stress and allow you and your child to recharge.

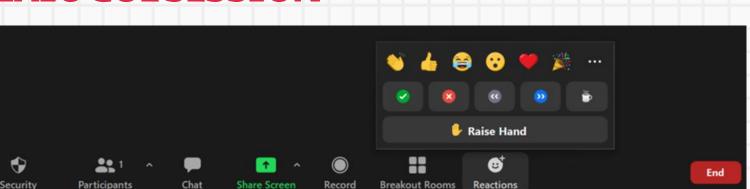
#### **POST PSLE ACTIVITIES**

- P6 MDPW
- Third Language
- Sports Education Programme (Archery)
- Arts Appreciation LJ
- Social Studies LJ
- Swimsafer Programme
- · Career Fair
- Graduation Day



#### **DIALOGUE SESSION**

PITTITE.



- Click on reaction
- Click on raise hand

