

# RADIN MAS PRIMARY SCHOOL



## *Survival Guide to (FHBL) Full Home Based Learning*

# WHAT IS HBL?

## HBL- HOME BASED LEARNING

HBL is a plan to help students learn from home. It can comprise a mix of online and offline modes of learning, such as:



## ONLINE-LEARNING

Online assignments through Student Learning Space (SLS) or other online learning platforms, online quizzes and games, and 'live' lessons through video conferencing.

## HARDCOPY ASSIGNMENTS

Hardcopy Assignments (Offline Learning) like worksheets, textbooks, workbooks and notes.



RMPS will use a combination of online and offline lessons to design our blended learning experiences during FHBL. Live Teaching is one approach that our teachers would use to deliver the necessary content as well as to touch base with our students periodically.



# HBL TIME TABLE



To mitigate the loss of curriculum time due to school closure, our FHBL schedule aims to keep our students engaged during this period. The school aims to emulate the students' regular timetable in the design of the schedule.

Thus, there will be an incorporation of both core (EL, Maths, MT and Science) and non-core subjects such as SS, PE\*, Art, Music and even FTGP weekly lessons to ensure that our students' holistic learning would not be neglected.

*\*The RMPS Home Tabata Workout video produced by the PE department will be a great way for our students to still engage in some physical activity and exercise at home.*

Daily schedules for students of each level will follow this general time schedule. There are 4 subjects planned for each day - 1 hour is allocated for each subject with a break of half an hour in between.

Time	HBL Assignments
9.00 am - 10.00 am	Subject 1
10.00 am – 11.00 am	Subject 2
11.00 am – 11.30 am	Break
11.30 am- 12.30 am	Subject 3
12.30 am – 1.30 pm	Subject 4



This schedule serves as a guide and students are encouraged to pace their learning and to take greater ownership in the completion of the assigned tasks. It would be advisable for students to complete their assigned tasks within the day to prevent a snowballing effect on future tasks. Do also balance the completion of the assigned tasks with adequate rests and breaks.



HBL packages will be sent to parents via  
**Parents Gateway**

before the start of the following week by Friday latest.  
A copy of the timetable would also be appended in the  
**school's website** for reference.

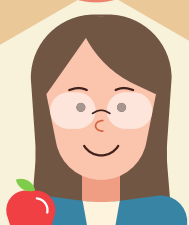




# DEVELOPING POSITIVE ROUTINES

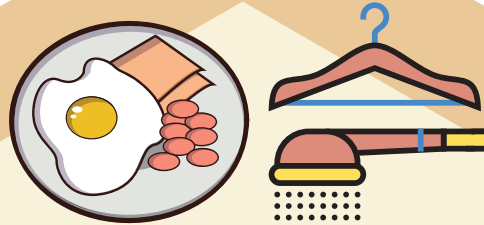


1



Inform your teacher early if you are unable to join in the lessons

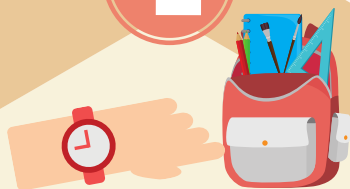
2



**Start your day right!**  
Eat a nutritious breakfast.  
Take a shower.  
Change out of your pyjamas.



4



Be prepared with the learning materials before the lessons.  
Be Punctual.

3



Designate a well-lit and quiet space in your house for home learning. Minimize distractions



5



Do a daily temperature check and submit your attendance on SLS before you start.

6



Observe good seating posture, avoid doing other things during your lesson.



7



Get ample rest by going to bed early so you'll be ready for learning the next day.

# ONLINE ETIQUETTE



## When streaming or recording a video

- Dress in school T-shirt or proper T-shirt.
- Maintain discipline when using microphones.
- Mute microphones when not speaking.
- For video calls, you will need a device with camera e.g. iPad, smart phone.



- Ensure appropriate background when taking a video of yourself.
- All live teaching lesson should not be recorded or distributed.
- Be mindful of your language and to exercise graciousness and respect in our online conversations or discussions with teachers and also classmates.
- Disciplinary measures would still be taken against students who demonstrate a lack of social etiquette or respect online.

## 4 steps of FHBL

### 01. Be Prepared



### 03. Check for Assignments



### 02. Keep a Schedule



### 04. Self-Management



## Reminder

Do not wander to other sites or activities that are not part of your HBL task. Stay focused.





# HELPLINES

Help available for students



You can call the school if you need help accessing the SLS or other systems

**General Office: 6273 3937**

**National Care Helpline – 6202 6868**

for emotional support, stress over finances, martial or family tensions

Respective **RCs and CCs** –

for food provisions for FAS students

**Our Teachers, SC, AEDs, YHs** will also support the students who need additional help.

Teachers will still be working and will monitor students daily.

If you need help during FHBL you may also contact your Form Teachers via email or the contact they have provided.

If your teachers scheduled a meeting please be present at the appointed time. If you do not submit your work your teachers will follow up with you.

**Watch out for our student wellness packages that will be released weekly to further support the well-being of our students during the period of FHBL**

## #SGUnited Do Your Part!

- Do your part and stay at home.
- If you are unwell, please see a doctor and update your form teachers once you have seen a doctor.
- Try your best to keep yourself occupied with school work.
- Help out more at home like doing some simple household chores
- Be more patient, forgiving and peaceful if technology doesn't work the way you want it to.

***Together, we can have a beneficial Home-based Learning Experience!***

