

**RMPS**

**PE & Aesthetics P1**

**Parents Sharing 2023**



# Broad Goals of PE, CCA & Aesthetics Department

To provide a quality PE, Art and Music education that nurture students' physical and aesthetics talents and abilities, and cultivate their interest in adopting a healthy lifestyle and develop an appreciation towards the arts.

# Physical Education



# GOALS OF PE



- Goal 1: Acquire a range of motor skills to participate in a variety of physical activities.
- Goal 2: Understand and apply movement concepts, principles and strategies in a range of physical activities.
- Goal 3: Demonstrate safe practices during physical and daily activities with respect to themselves, others and the environment.
- Goal 4: Display positive personal and social behaviour across different experiences.
- Goal 5: Acquire and maintain health-enhancing fitness through regular participation in physical activities.
- Goal 6: Enjoy and value the benefits of living a physically active and healthy life.

# SCOPE OF PE

- Dance
- Games and Sports
- Gymnastics
- Physical Health and Fitness
- Outdoor Education
- Athletics
- Swimming
- PFT (P4 and 6)



# Focus of P1 & P2 Syllabus

## Fundamental Movement

- Locomotor skills
- Non-locomotor skills
- Manipulative skills



## Educational Gymnastics/ Dance

- Movement
- Body awareness
- Coordination
- Sense of rhythm



# Camps for All as the GRIT@RMPS anchor programme

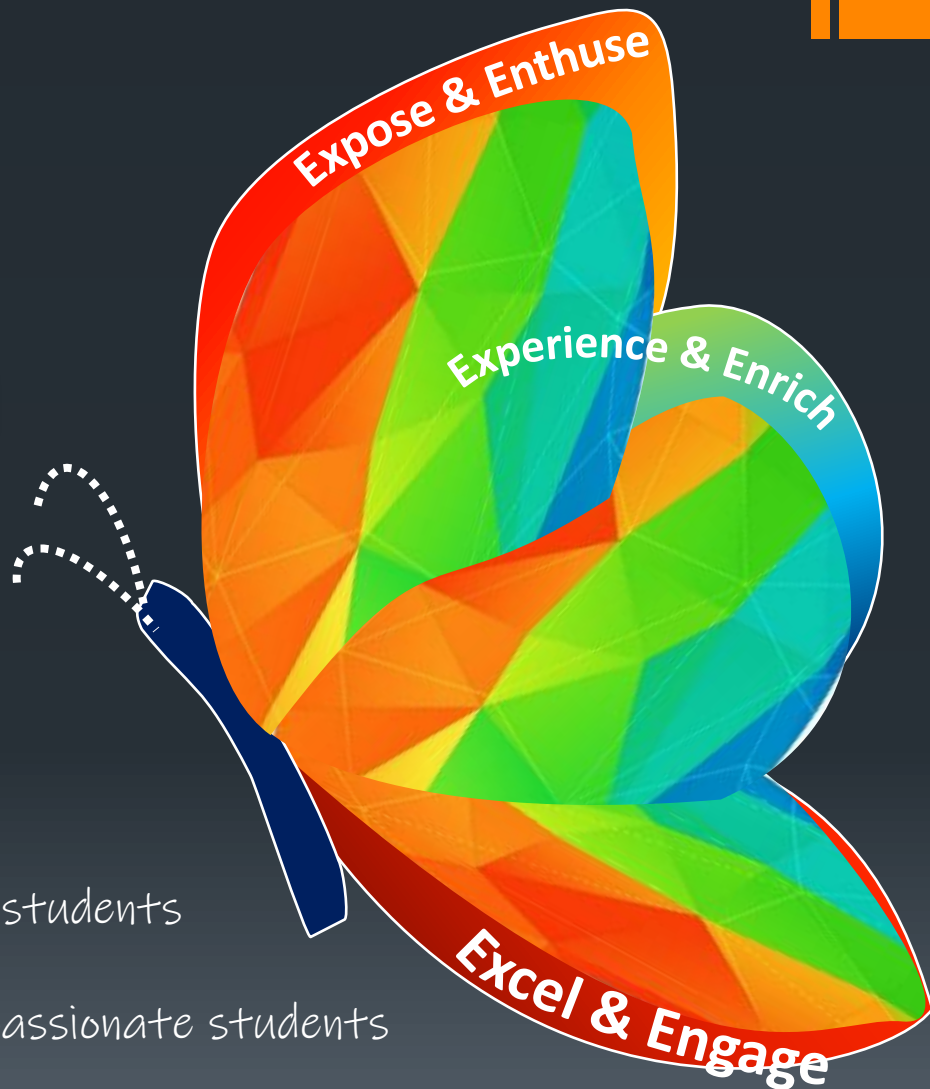
- P1 'Ready for School Camp'
- P2 'My First Outdoor Camp'
- P3 'Preparing for Outdoor' School Camp
- P4 2D1N 'Outdoor Escapade Camp' at the Zoo
- P5 3D2N 'Outdoor Adventure Camp'
- P6 3N2N Overseas Urban & Cultural Camp



# RMPS

## Aesthetics Curriculum

Expose <sub>εï3</sub> Enthuse all students  
Experience <sub>εï3</sub> Enrich passionate students  
Excel <sub>εï3</sub> Engage active artists and connected audience



# ART



# ART

The art curriculum in primary schools provides the foundation for all primary students to **understand art as a way of learning about themselves and the world around them.**

The aims of art education are to enable every child to:

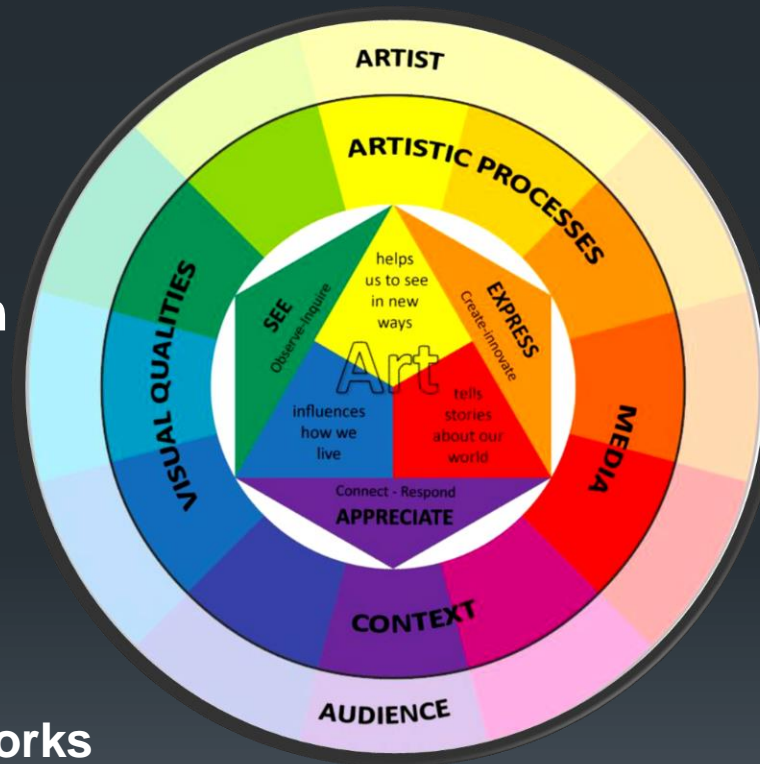
- **Enjoy art,**
- **Communicate visually and**
- **Make meaning through connecting with society and culture.**



# The objectives of the art syllabus are achieved mainly through **See, Express and Appreciate**

*At the P1 and P2 level, the learning outcomes are as follows:*

1. **Identify simple visual qualities in what they see around them**
2. **Ask questions about what they see**
3. **Draw from their imagination & observation**
4. **Play with a variety of materials & tools to make art**
5. **Share their imagination, thoughts & feelings through art making**
6. **Show interest in looking at a variety of artworks**
7. **Share what they see, feel and experience using art vocabulary**



**Although Art is non-examinable subject at the primary level, assessment in Art is important to provide feedback about child's holistic development.**



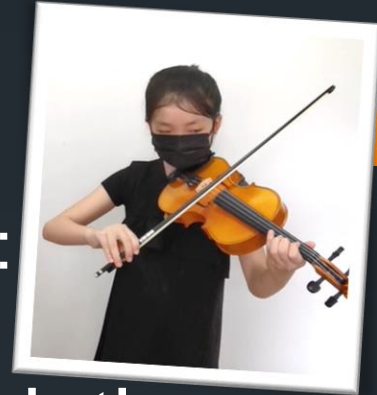
# MUSIC



# AIMS of Music Syllabus

The aims of Music Syllabus are as follows:

- Develop awareness and appreciation of music in local and global cultures
- Develop ability for creative expression and communication through music
- Provide the basis to develop an informed and life-long involvement in music



# P1 & P2 MUSIC SYLLABUS & PROGRAMMES

- The focus at P1 and P2 music are song & movement, learning percussion instruments such as using the handbell, tambourine, cups and wooden blocks
- Perform Music in both instrumental & vocal settings, individually and in groups
- Create Music in both instrumental and vocal settings, individually and in groups
- ICT is weaved into the curriculum where students go through E-music at P4



There will be platforms for students to perform such as Art Festival, Radin Mas Got Talent and various school celebrations. Aesthetics assembly will also be conducted to expose students to various music forms



# Programme for Active Learning (PAL) @ RMPS

## Characteristics of PAL

- Experiential in nature
- Encompasses learning in a creative way
- Provides opportunities for children to reflect
- Incorporates values education\* and social and emotional learning  
(*\* responsibility, respect, resilience, integrity, care, harmony, school core values*)

# PAL @ RMPS


- All Primary 1 and 2 students will participate in PAL
- 2 hours of PAL a week (T1 – 4)
- Each module consists of 7 lessons
- Use of classrooms, garden, field, PAL room and even Bukit Purmei Hillock

Primary 1	Primary 2
Sports & Games	Sports & Games
Outdoor Education	Outdoor Education
Performing Art (Music)	Performing Art (Dance)
Visual Arts	Visual Arts

# PE/PAL Programmes/Platforms @ RMPS

Exposure and Experience for All	Opportunities for the Interested	Development and Participation in Competitions/Tournaments for those who Excel
P1 & P2 PAL Modules (Sports & Games and OE)	Sports CCA	Junior Sports Academy for talented P4 and P5 students
P1 to P6 Camps for All	Play @ Recess	Sports CCA inter-school competitions/tournaments
P3 Modular CCA	CCA competitions not offered by the school	Friendly Competitions
SwimSafer	ActiveSG Holiday Activities	DSA
Mini Olympics	RMPS Rope Skipping Challenge	Inter-class Competitions
Olympic Festival		
PE/HE Assembly Programmes		
Sports Education Programmes (SEP)		

# Aesthetics Programmes/Platforms @ RMPS

Exposure and Enthuse	Experience and Enrich	Excel and Engage
P1 & P2 PAL Modules (Performing Arts & Visual Art)	Performing Arts and Visual Arts CCA	SYF Celebrations – Song Writing & Design Competition
Music & Art Enrichment Programme (P1-4 Digital Art, P5 Clay Art, P4 E-Music)	P3 Modular CCA	SYF Performing Art
<b>Arts Fest</b> (Aesthetics Week)	P2 Arts Learning Journey	SYF Art Exhibition
Art Gallery	P4 Museum-based Learning	SOTA P6 Art Competition
Museum/Theatre Learning Journey	P6 Arts Experience	RMPS Got Talent
	Drama/Play Performance	RMPS National Day Art Competition
		Lantern Making Competition
		SOTA Art Development Awards

# RMPS PAM PHILOSOPHY

- PE, Art, Music and PAL lessons are essential components of a holistic education.
- Every child should learn and enjoy PE, Art, Music and Outdoor Education.
- Every child should be exposed to a wide range of sports and games, art and music genres and outdoor education activities.

# Your Role as a Stakeholder

- Believe in the importance of PAM education
- Encourage our students who are interested to participate actively in sports and games and to pursue the Arts
- Support our PAM programmes and initiatives



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