



Radin Mas Primary School

# DIALOGUE WITH SCHOOL LEADERS

## Primary 6

17 August 2022





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## 01 Year Head's Sharing

Level Highlights  
What's coming

## 02 Dialogue Session





01.

Primary 6

Level Highlights





# Term 1 – 3 (Primary 6)

2+2

Jan & Feb



Bonding Week  
Chinese New Year  
Celebrations  
Total Defence  
Day

Mar & Apr



STEAM Week  
MTL Fortnight  
International  
Friendship Day  
Secondary School  
Fair

May & Jun



Hari Raya  
Celebrations  
DSA Prep

Jul & Aug



National Day  
Celebrations  
Olympics  
Festival



# Virtual Secondary School Fair & DSA Interview Preparation





# Olympics Festival





# CCA, NSG & SYF





# CCA, NSG & SYF





# CCA, NSG & SYF





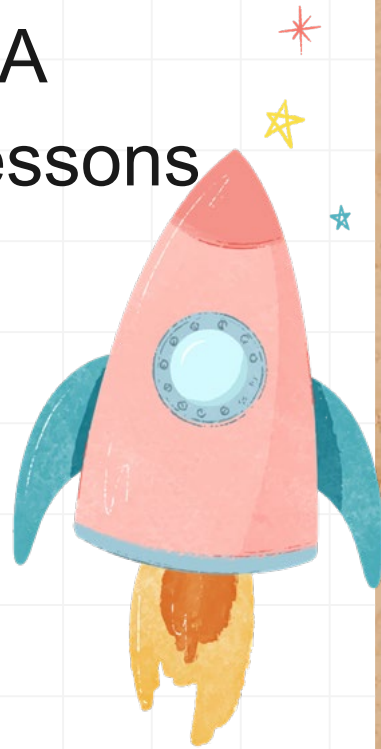
# CCA, NSG & SYF





## In the coming weeks...

- P6 Supplementary Lessons in place of CCA
- P6 September Holidays Supplementary Lessons
- P6 3rd Language
- P6 Camp
- P6 MDPW
- P6 Graduation Day
- P6 SEP- Archery
- P6 SS Learning Journey– Singapore Discovery  
Centre





Motivational  
Talks

# PSLE 2022

PSLE Care  
Pack

Mood Meter









# PSLE 2022



**Be a P.S.L.E parent – Proactive,  
Supportive, Loving and Empowering!**

<https://www.moe.gov.sg/microsites/psle-fsbb/assets/infographics/new-psle-scoring-system/are-you-a-PSLE-parent.pdf>





# What can you do as a parent?

## 1. SUPERVISE

Look out for signs of distress, and monitor your child's progress.

Noticed any of the following signs that is out of the norm for your child?

- Struggles to pay attention in studies or activities
- Tiredness
- Rebellious streak
- Excuses to miss school/class
- Stays away from others
- Sulking

It may be an indication of too much stress.

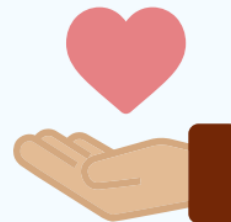


## 2. PROVIDE

Know your child's needs and be present.

Be willing to listen and communicate frequently in an open and supportive manner.

Give them your attention.





# What can you do as a parent?

## 3. ROLE MODEL

Role model resilient behaviour and positive mindsets in everyday situations.

Share with your child some of the challenges and setbacks you've faced, and how you managed and maintained positivity.



## 4. REASSURE

Encourage your child regularly.

Provide positive feedback and cheer your child on for every effort.





# How can you manage your own stress?

For some parents, the PSLE period may also be a stressful time.

Parents play an important role in managing the stress and anxiety that you and your children may go through, from the days leading up to the PSLE and results release.

**Your behaviour and the home environment you create are crucial in reinforcing resilient mindsets and positive coping mechanisms in your child.**





# How can you manage your own stress?



## Celebrate the effort, not the results

Appreciate your child's hard work and show it through a simple gesture.

*E.g. Have a nice meal together at the end of the examinations, **before** the results release, to let your child know that you are celebrating his or her effort.*



## Ensure that both you and your child get enough down time

Continue to spend time with your child to bond and rest.

Simple activities such as getting some exercise or playing a board game together can help to relieve stress and allow you and your child to recharge.



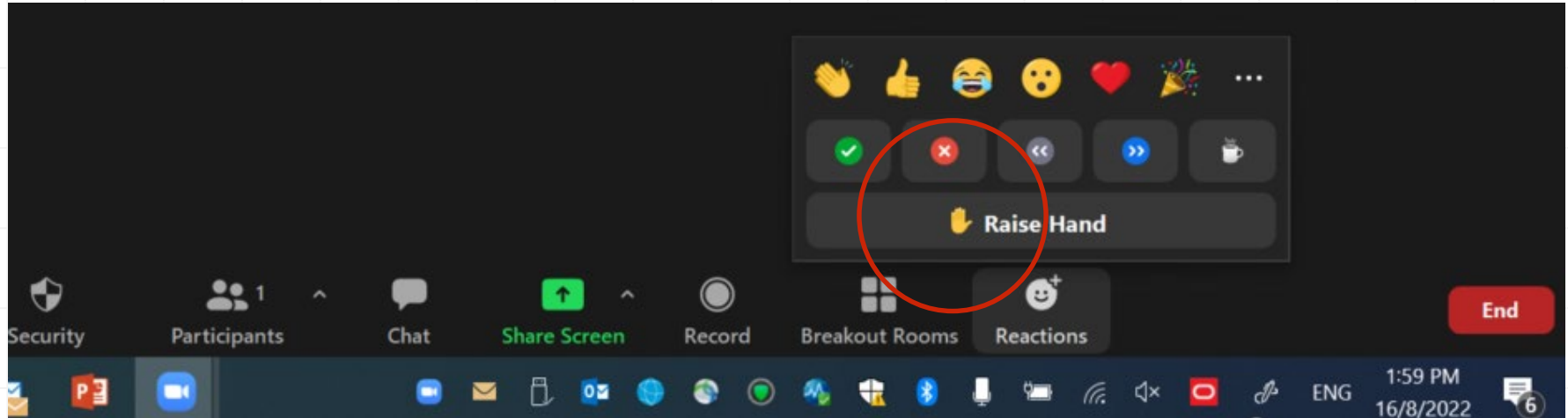
02.

# DIALOGUE Session





# Dialogue Session



- Click on reaction
- Click on raise hand





$3_4^5$

THANK  
YOU!



$2+2$

