



# **A New Milestone:** **Primary 1 Journey**

Mdm Eleanor Neo  
*School Counsellor*

Mdm Roszanah Kamarudin  
*Senior Teacher SEN (Covering)*



# Outline of Talk



## Transition

What to expect during transition from Pre-School to Primary School



## Partnership

What you can do to be in partnership with school

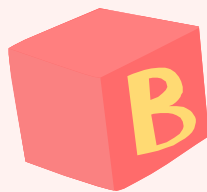


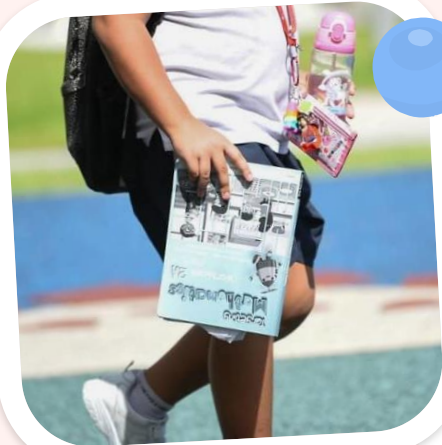
## Home Structure

Home structure and other skills; What can you do to help your child

# Transition

*What to expect  
during transition from  
Pre-School to  
Primary School*





# Embracing Transition

Transition to school is a change of:

***Familiar*** places,  
routines, people  
and  
relationships

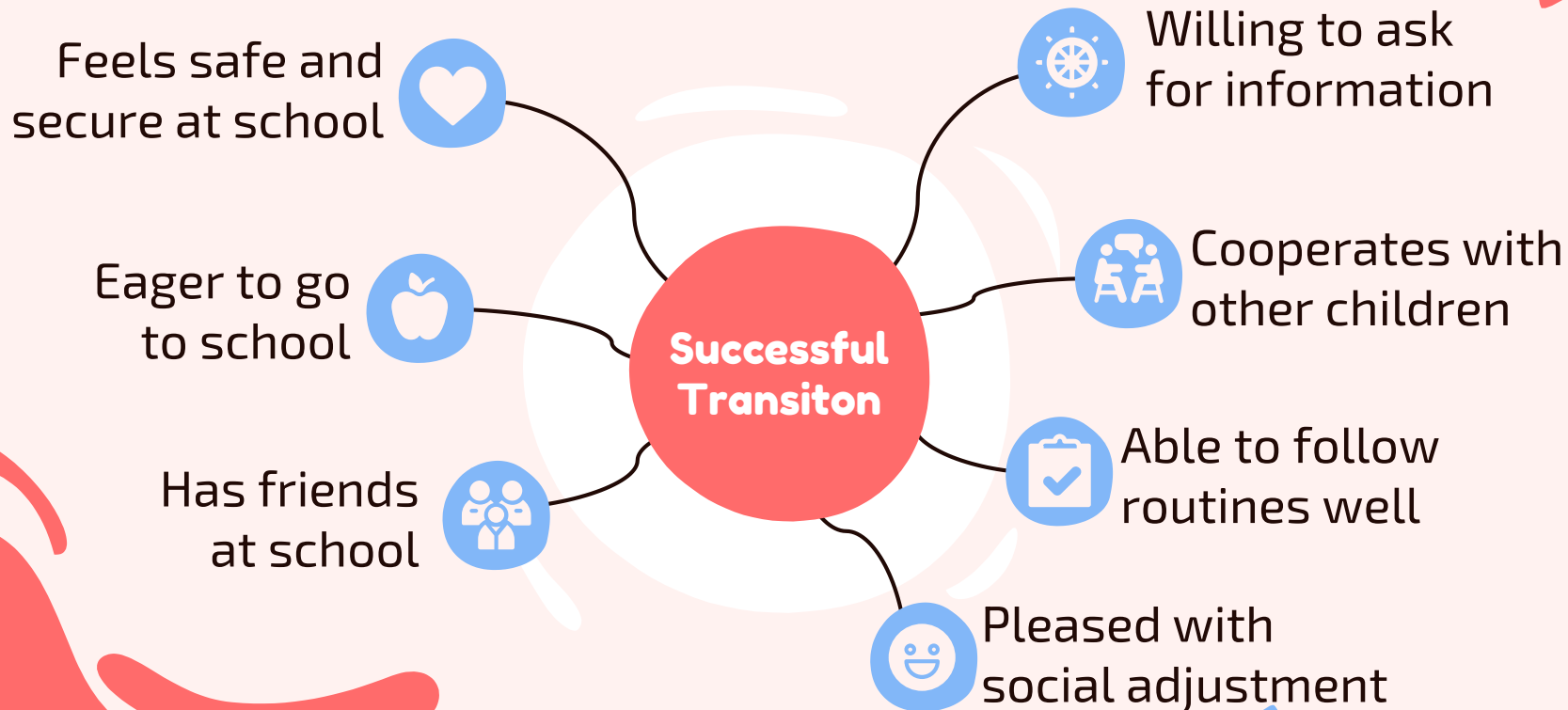


***'NEW'*** place of  
routines, people  
and  
relationships



During the first few weeks, it is also important to support your child through the emotional aspects of transition.

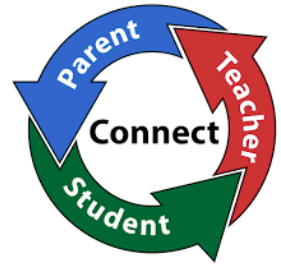
# ● A successful transition can look like:





# Partnership

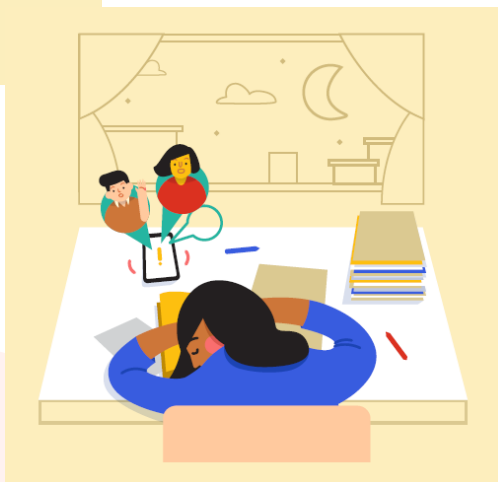
What can you do to be  
in partnership with the  
school



# Parent/Teacher Partnership



Find the best way to contact the teachers. Mode of communication is usually shared in the Welcome Letter.



Respect the teacher's time and contact teachers during school operating hours only.



# Parent/Teacher Partnership



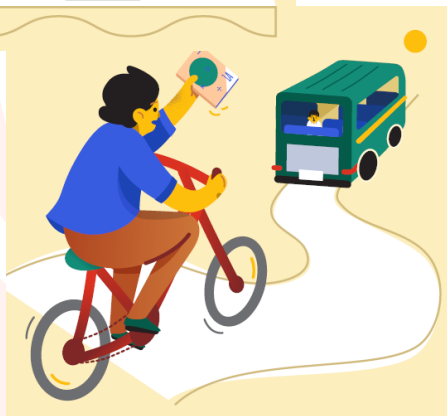
Not to go to the teachers for daily updates or homework.  
Allow your child the opportunity to learn about responsibility.



# Parent/School Partnership



Allow your child to complete his/her own school work and not do it for them.



Allow your child to forget to bring and/do their homework. Do not rescue your child at the first instance, instead guide him/her towards solutions.



# Parent/School Partnership



Work with the teachers to help your child respect differences and resolve disagreements amicably.

Let the school verify the facts in any incident before taking action to ensure a fair, objective outcome for all parties.

# Challenges / Difficulties

There may be times where you noticed that your child is having difficulties coping with their emotions or facing challenges in their learning. Have regular conversations with the teachers so that we are able to support him/her.





# Home Structure

What you can do at home  
to help your child

# Help Your Child Develop Good Habits



Having sufficient sleep and a good bedtime routine is important in sustaining him/her through the school day.

Start the day with a good breakfast!  
A nutritious meal will ensure your child has the energy for the day.



# Setting Routines and Learning Area



Create a daily schedule that includes blocks of time for different activities such as play, homework and sleep.

**\*\* Be mindful of gadget time**

Set up a conducive home environment for your child to learn effectively.



# Guide Your Child to Be Independent

Teaching these skills will help them to ease into primary school



Get dressed for school  
and PE lessons

Practice good hygiene (e.g.  
washing their hands, brushing  
their teeth...)

Pack and organise his/her  
school bag

Order food at the canteen and  
manage their own money

Go to the toilet

Ask for help. This could be from  
teachers, friends, school staff or  
any adult in the school  
environment

# Practice Making Friends



Practise making friends by role-modelling the use of friendly and polite phrases:

- Hello! My name is ... what is your name?
- May I please...

Providing opportunities for them to share and take turns during playtime with other children.





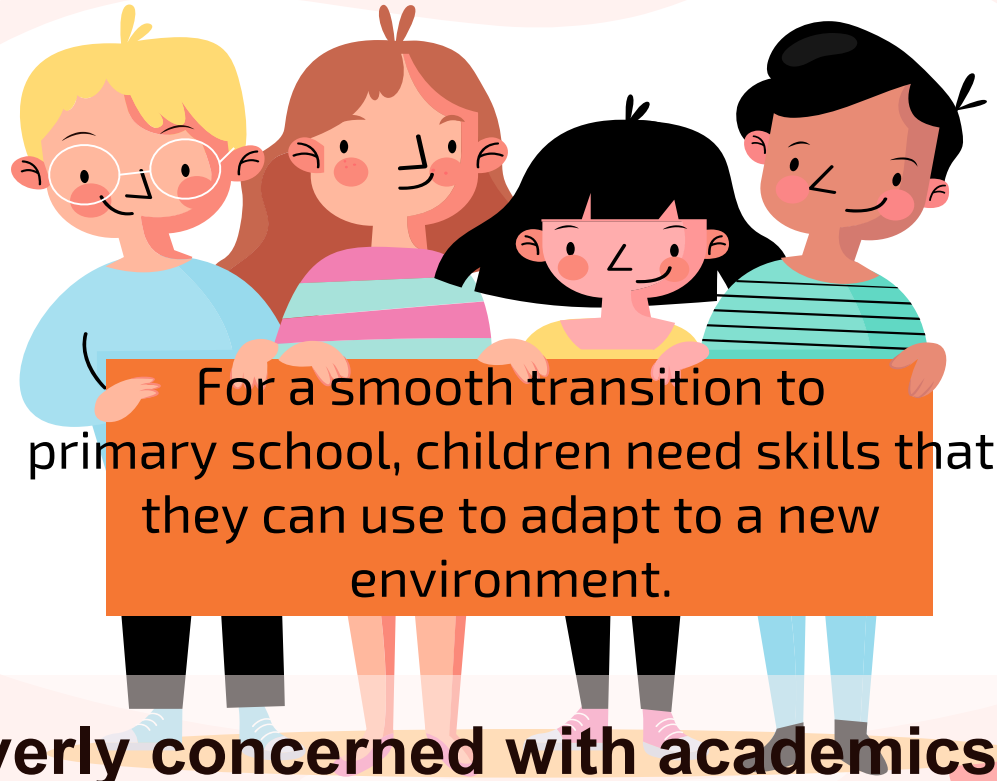
# Set Time for Conversations



Have regular conversations with your child.

Conversations strengthen your relationship with your child and help you understand your child's experiences and points of view.

# Remember



**Do not be overly concerned with academics/ knowledge.**

# Thank you!

Here are links to the resources  
that are used in this sharing.



School Home  
Partnership



Parent Kit –  
Starting Your P1  
Journey



Preschool to  
Primary School  
Transition

