

**RMPS**



**PE, CCA & Aesthetics**

**Department Sharing 2021**

# Vision

- Every student to make a mark in the areas of Sports, Outdoor Education and the Arts

# Mission

- To equip every student with the knowledge, skills and attitude to lead a healthy lifestyle and develop an appreciation for the Arts

# Broad Goals of PE, CCA & Aesthetics Department

To provide a quality PE, Art and Music education that nurture students' physical and aesthetics talents and abilities, and cultivate their interest in adopting a healthy lifestyle and develop an appreciation towards the arts.

# Physical Education



# GOALS OF PE



- Goal 1: Acquire a range of motor skills to participate in a variety of physical activities.
- Goal 2: Understand and apply movement concepts, principles and strategies in a range of physical activities.
- Goal 3: Demonstrate safe practices during physical and daily activities with respect to themselves, others and the environment.

# GOALS OF PE



- Goal 4: Display positive personal and social behaviour across different experiences.
- Goal 5: Acquire and maintain health-enhancing fitness through regular participation in physical activities.
- Goal 6: Enjoy and value the benefits of living a physically active and healthy life.

# SCOPE OF PE P1-2 LEVEL

- Dance
- Games and Sports
- Gymnastics
- Physical Health and Fitness
- Outdoor Education



# Focus of P1 & P2 Syllabus

## Fundamental Movement

- Locomotor skills
- Non-locomotor skills
- Manipulative skills



## Educational Gymnastics/ Dance

- Movement
- Body awareness
- Coordination
- Sense of rhythm





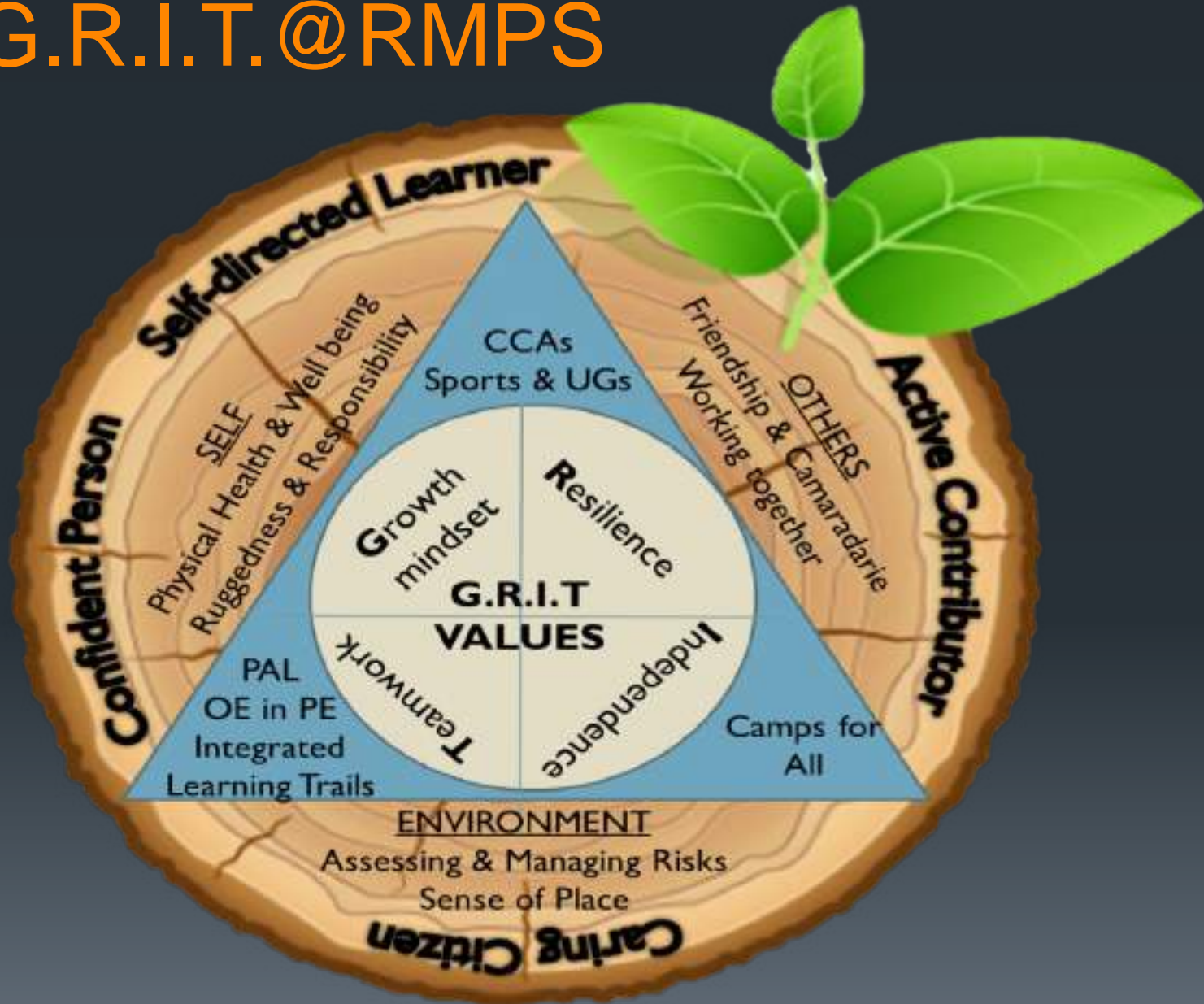
# SCOPE OF PE P3-6 LEVEL

- Athletics
- Dance
- Games and Sports
- Gymnastics
- Physical Health and Fitness
- Outdoor Education
- Swimming for P3\*
- Fitness and Conditioning
- (NAPFA test for P4 and 6)\*



Learning for Life Programme (LLP)

# G.R.I.T.@RMPS



# Camps for All as the GRIT@RMPS anchor programme

- P1 'Ready for School Camp'
- P2 'My First Outdoor Camp'
- P3 'Preparing for Outdoor' School Camp
- P4 2D1N 'Outdoor Escapade Camp' at the Zoo
- P5 3D2N 'Outdoor Adventure Camp'
- P6 3N2N Overseas Urban & Cultural Camp





# Programme for Active Learning (PAL) @ RMPS

## Objectives of PAL

- Broad exposure through fun and varied activities
- Inculcating values and developing social and emotional competencies
- Holistic Development of the child

## PAL Outcomes

- Exhibit confidence in what they do and express themselves effectively
- Exhibit curiosity and positive attitudes to learn
- Enjoy group experiences and teamwork



# Characteristics of PAL

- Experiential in nature
  - Fun and Enjoyable
  - Encompasses learning in a creative way
  - Provides opportunities for children to reflect
  - Incorporates values education\* and social and emotional learning
- (\* responsibility, respect, resilience, integrity, care, harmony, school core values)*



# PAL @ RMPS

- All Primary 1 and 2 students will participate in PAL
- Modules revolve around the “World of Nature” Theme
- 2 hours of PAL a week (T1 – 4)
- Each module consists of 7 lessons
- Use of classrooms, garden, field, PAL room and even

Bukit Purmei Hillock

Primary 1	Primary 2
Sports & Games	Sports & Games
Outdoor Education	Outdoor Education
Performing Art (Music)	Performing Art (Dance)
Visual Arts	Visual Arts

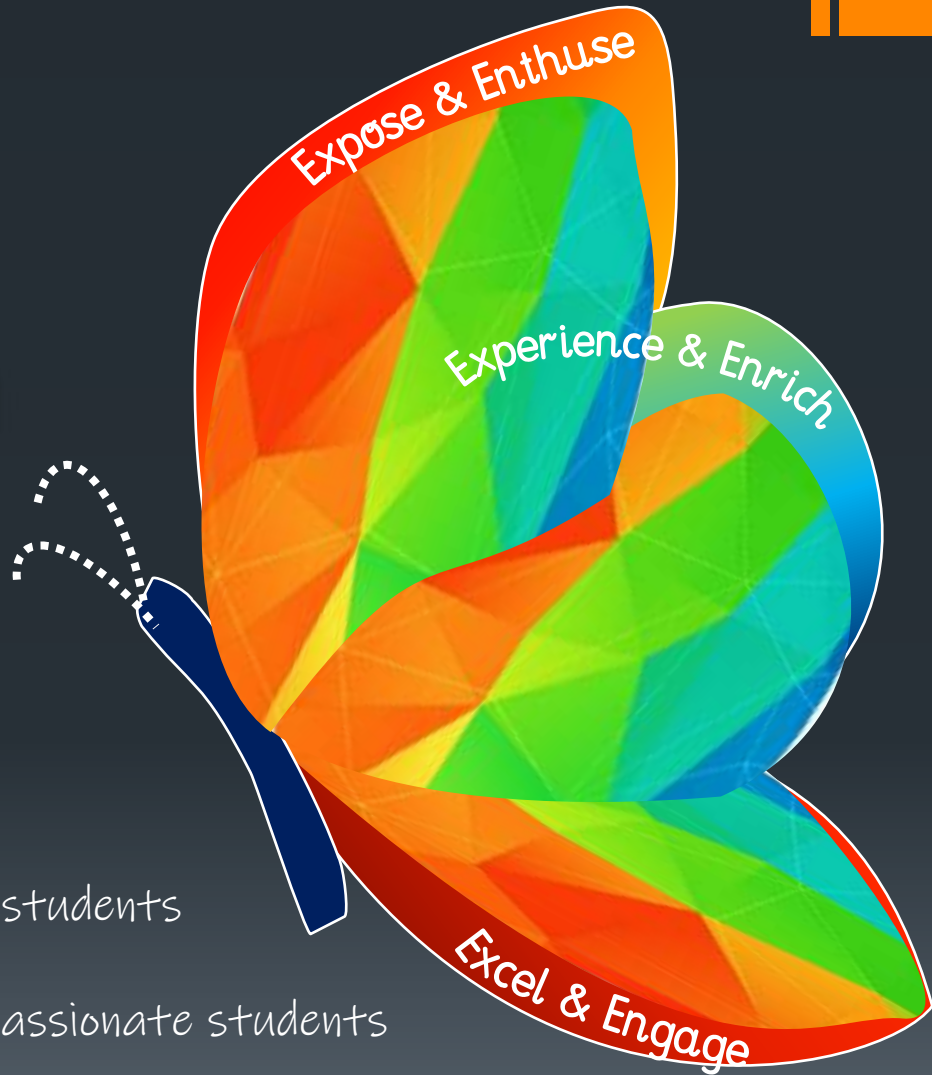
# PE/PAL Programmes/Platforms @ RMPS

Exposure and Experience for All	Opportunities for the Interested	Development and Participation in Competitions/Tournaments for the Talented
P1 & P2 PAL Modules (Sports & Games and OE)	Sports CCA	Junior Sports Academy for talented P4 and P5 students
P1 to P6 Camps for All	Play @ Recess	Sports CCA inter-school competitions/tournaments
P3 Modular CCA	Family Day Carnival	Friendly Competitions
P3 SwimSafer	CCA competitions not offered by the school	DSA
Mini Olympics	ActiveSG Holiday Activities	
Olympic Festival		
PE/HE Assembly Programmes		
SEPs		
ACES Day		
RMPS Rope Skipping Challenge		

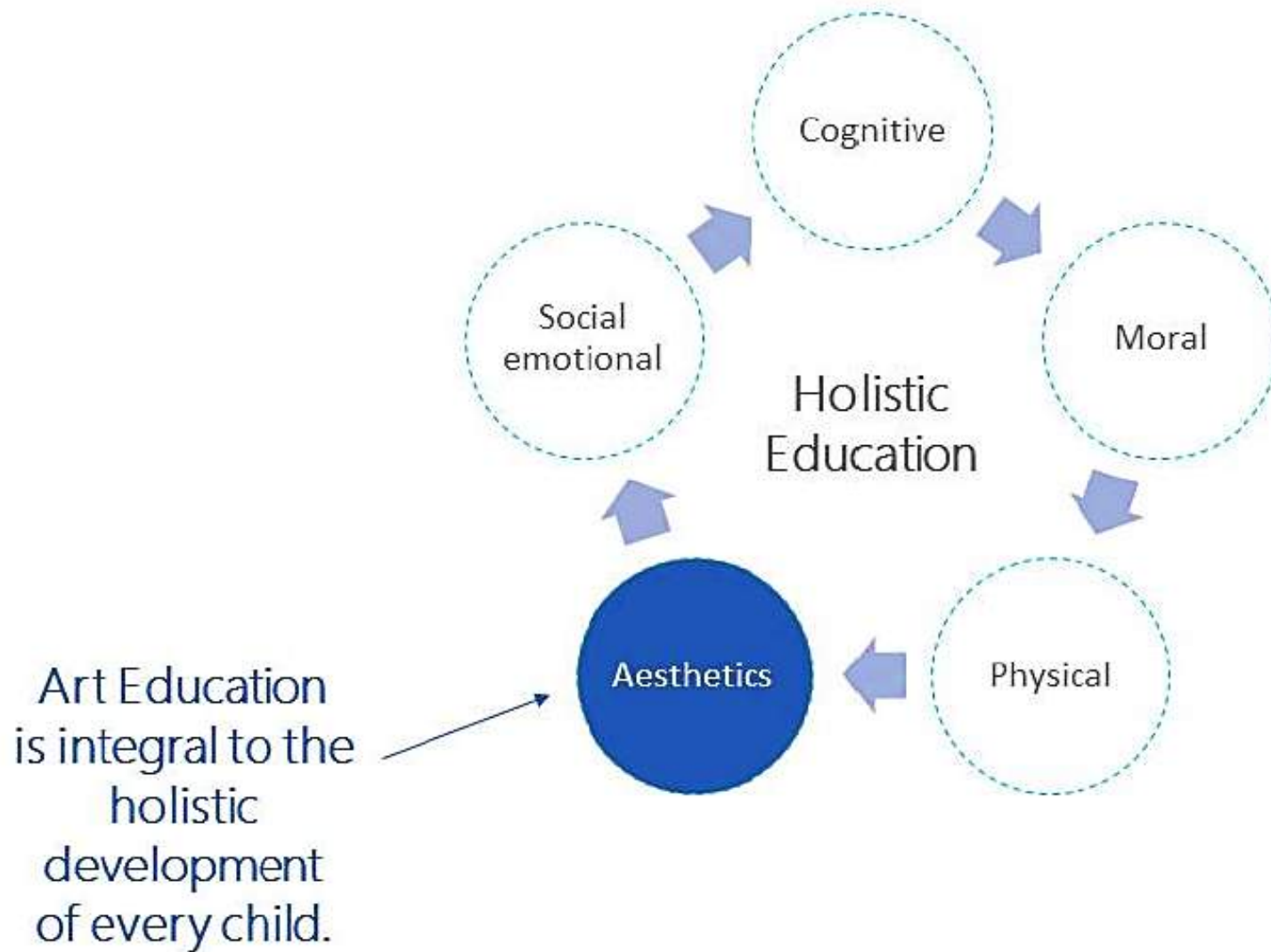
# RMPS

## Aesthetics Curriculum

Expose <sub>εï3</sub> Enthuse <sub>all students</sub>  
Experience <sub>εï3</sub> Enrich <sub>passionate students</sub>  
Excel <sub>εï3</sub> Engage <sub>active artists and connected audience</sub>







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# ART

The aims of art education are to enable every child to:

- **Enjoy art,**
- **Communicate visually and**
- **Make meaning through connecting with society and culture.**



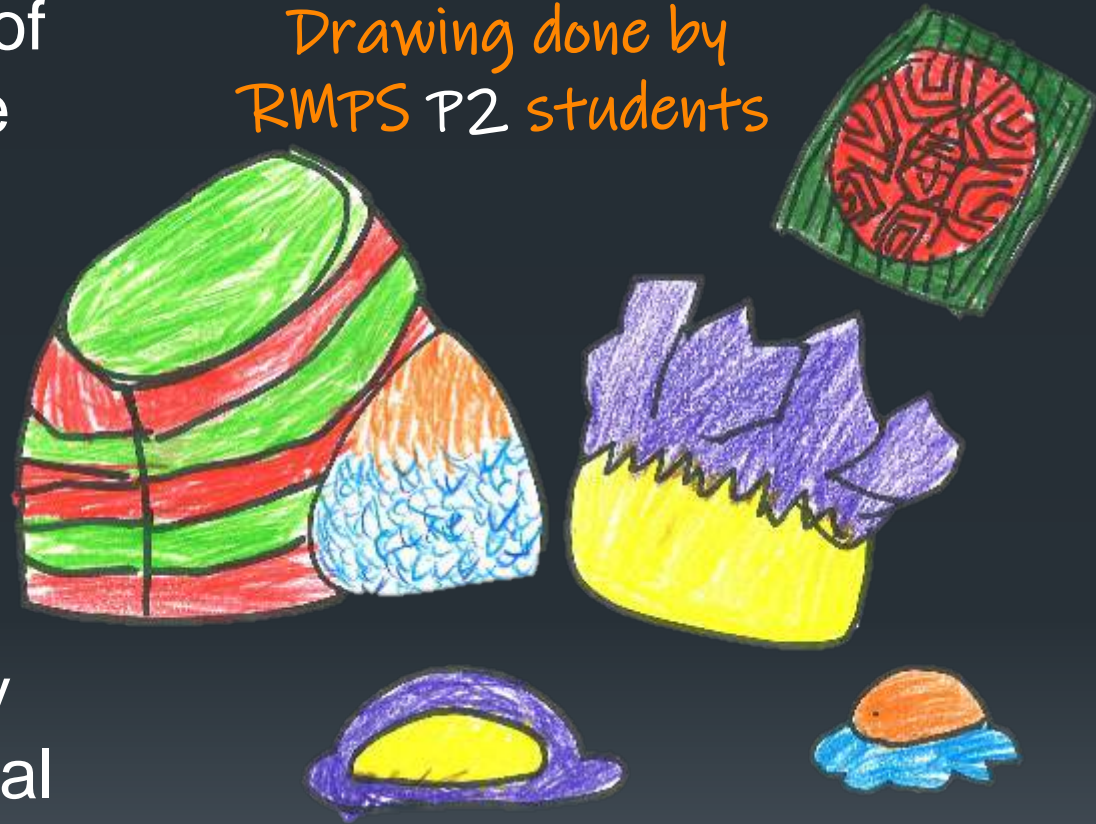


# OBJECTIVES OF ART CURRICULUM

Students foster sense of identity, culture & place with society through visual inquiry skills.

Students discover and explore their environment, building the capacity to critically discuss & process visual information.

Drawing done by  
RMPS P2 students

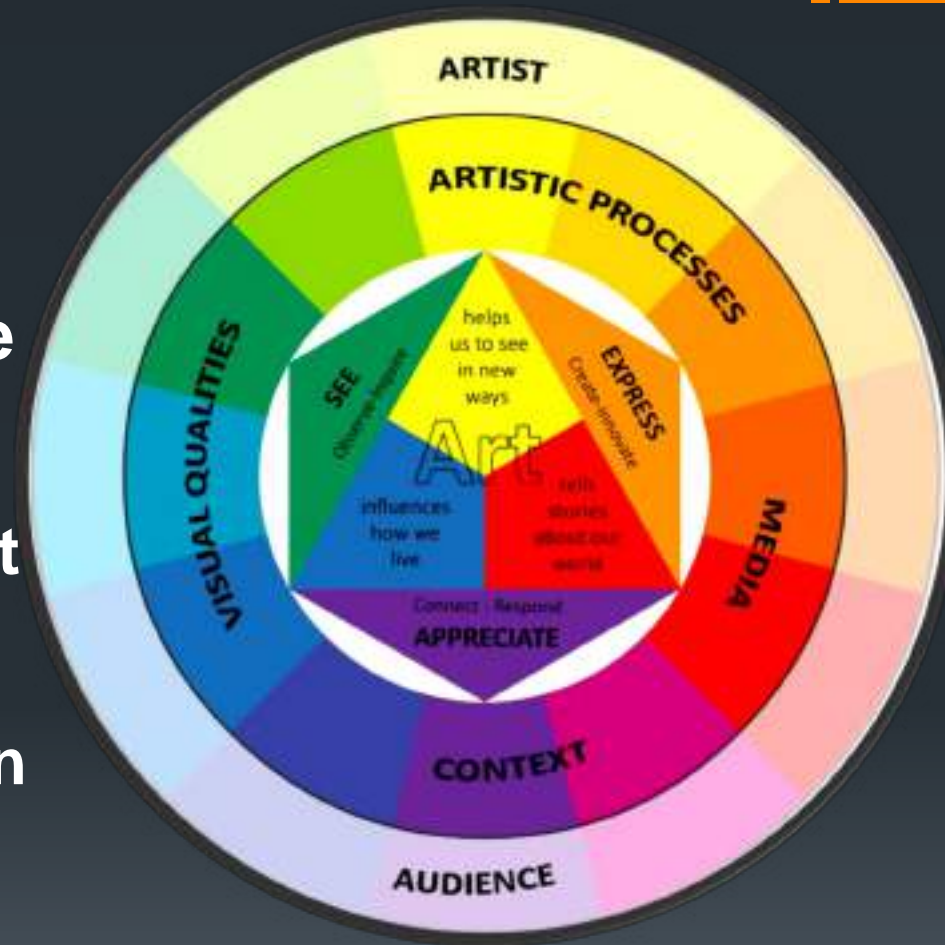


1. helps students see things in new way;
2. influences how child act;
3. & tells stories about their world.

# The objectives of the art syllabus are achieved mainly through **See, Express and Appreciate**

*At the P1 and P2 level, the learning outcomes are as follows:*

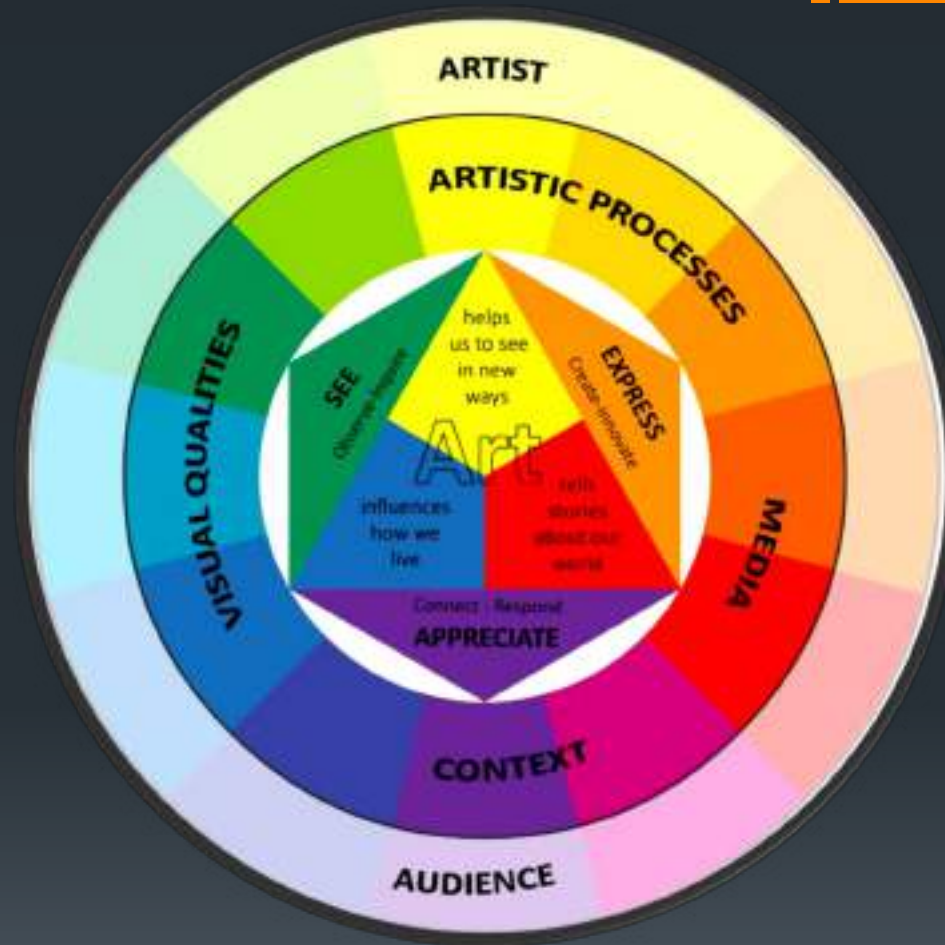
1. Identify simple visual qualities in what they see around them
2. Ask questions about what they see
3. Draw from their imagination and observation
4. Play with a variety of materials & tools to make art



# The objectives of the art syllabus are achieved mainly through **See, Express and Appreciate**

*At the P1 and P2 level, the learning outcomes are as follows:*

- 5. Share their imagination, thoughts and feelings through art making**
- 6. Show interest in looking at a variety of artworks**
- 7. Share what they see, feel and experience using art vocabulary**



These are the 7 learning outcomes which the child will be assessed on for their semestral Holistic Development Progress (HDP) report.



# P1 & P2 ART CURRICULUM & PROGRAMMES

The focus at P1 and 2 are:

- **SEE** -- Be curious about what they see
- **EXPRESS** -- Sharing their imagination, thoughts and feelings through art-making
- **APPRECIATE** -- Enjoy talking about what they see and experience



*Art Making with various medium  
2D artwork, 3D craftwork and  
also learn art through ICT via  
Digital Art lessons*

RMPS P1 students making digital Fruit Portrait

**Although Art is non-examinable subject at the primary level, assessment in Art is important to provide feedback about child's holistic development.**

- To: Students, Parents, Teachers, School Leaders etc  
*Others like: Secondary School, DSA Application etc*





# MUSIC



# MUSIC



The General Music Programme (GMP) is offered to all students in primary and secondary schools.

It is a key platform to provide every child with a basic music education, giving them opportunities to develop a connection to music.



RMPS P5 students  
learning Ukulele  
(Photo taken in Jan 2020)

# MUSIC

The aims of GMP are as follows:

- Develop awareness and appreciation of music in local and global cultures
- Develop ability for creative expression and communication through music
- Provide the basis to develop an informed and life-long involvement in music



# RMPS Music cultivates appreciation for world music.

Music curriculum designed in RMPS allows students to experience musical concepts through games and activities, followed by presentation of the musical concept by the teacher and reinforcement of the concept through singing and playing of classroom percussion music instruments.

In addition, through learning folk dances and folk songs from European and Asian countries, giving students the exposure to different cultures since young to cultivate appreciation for world music.



*Recess Music  
Appreciation  
Performance*

# P1 & P2 MUSIC SYLLABUS & PROGRAMMES

- The focus at P1 and P2 music are song & movement and percussion instruments such as using the handbell, tambourine, cups and wood blocks
- ICT is weaved into the curriculum where students go through E-music programme



There will be platforms for students to perform such as Recess Recital, Family Day, Radin Mas Got Talent

Music assembly will be conducted to expose students to various music forms



# The objectives of the music syllabus are achieved mainly through **Create Music, Perform Music and Listen & Respond to Music**

*At the P1 and P2 level, the  
learning outcomes are as follows:*

- 1. Perform Music in both instrumental & vocal settings, individually and in groups**
- 2. Create Music in both instrumental and vocal settings, individually and in groups**
- 3. Listen and Respond to Music**



*In current COVID-19 situation, Singing is taken out from assessment/teaching & learning.  
Students will do rhythmic word chant / speech rhythm.*

The objectives of the music syllabus are achieved mainly through

# Create Music, Perform Music and Listen & Respond to Music

*At the P1 and P2 level, the learning outcomes are as follows:*

- 4. Appreciate Music in local and global cultures
- 4. Understanding musical elements and concepts



RMPS P1 students  
making music

# Aesthetics Programmes/Platforms @ RMPS

Exposure and Enthuse	Experience and Enrich	Excel and Engage
P1 & P2 PAL Modules (Performing Arts & Visual Art)	Art and Music Curriculum	SYF Celebrations – Song Writing & Design Competition
Music & Art Enrichment Programme (P1-4 Digital Art, P5 Ceramics, P4 E-Music)	Performing Arts and Visual Arts CCA	SYF Performing Art
<b>Arts Fest</b> (Aesthetics Week)	P3 Modular CCA	SYF Art Exhibition
Art Gallery	<b>P2 Arts Learning Journey</b>	SOTA P6 Art Competition
Music Recess Recitals	P4 Museum-based Learning	<b>RMPS Got Talent</b>
Museum/Theatre Learning Journey	P6 Arts Experience	RMPS National Day Art Competition
	Drama/Play Performance	Lantern Making Competition
	Family Day	SOTA Art Development Awards





# Arts Fest 2020: Be A Book Character Contest

Many more engaging opportunities for students to showcase their talent and join in the fun!



*Book Characters Submission  
Book Review + Acting Presentation*



*Students shared on a wide  
genre of books they read*



*ELDDS Teachers  
demonstration on acting*



*ELDDS Students'  
sharing on acting*

# CCAs @ RMPS from Primary 3 Semester 2 onwards



<b>Physical Sports</b>	<b>Clubs</b>
Basketball Football (Boys) Hockey Rugby (Boys) Table Tennis	ELDDS Environment Science Infocomm Technology Media Resource Library
<b>Visual &amp; Performing Arts</b>	<b>Uniformed Groups</b>
Chinese Dance Chinese Orchestra Choir Art & Crafts	Boys' Brigade Girls' Brigade Scouts

# RMPS PAM PHILOSOPHY

- PE, Art and Music lessons are essential components of a holistic education.
- Every child should learn and enjoy PE, Art, Music and Outdoor Education.
- Every child should be exposed to a wide range of sports and games, art and music genres and outdoor education activities.

# Your Role as a Stakeholder

- Believe in the importance of PAM education
- Encourage our students who are interested to participate actively in sports and games and to pursue the Arts
- Support our PAM programmes and initiatives





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