



PE, CCA & Aesthetics Department Sharing 2020

Vision

- Every student to make a mark in the areas of Sports, Outdoor Education and the Arts

Mission

- To equip every student with the knowledge, skills and attitude to lead a healthy lifestyle and develop an appreciation for the Arts

Broad Goals of PE, CCA & Aesthetics Department



To provide a quality PE, Art and Music education that nurture students' physical and aesthetics talents and abilities, and cultivate their interest in adopting a healthy lifestyle and develop an appreciation towards the arts.

Physical Education



GOALS OF PE



- Goal 1: Acquire a range of motor skills to participate in a variety of physical activities.
- Goal 2: Understand and apply movement concepts, principles and strategies in a range of physical activities.
- Goal 3: Demonstrate safe practices during physical and daily activities with respect to themselves, others and the environment.

GOALS OF PE



- Goal 4: Display positive personal and social behaviour across different experiences.
- Goal 5: Acquire and maintain health-enhancing fitness through regular participation in physical activities.
- Goal 6: Enjoy and value the benefits of living a physically active and healthy life.

SCOPE OF PE P1-2 LEVEL

- Dance
- Games and Sports
- Gymnastics
- Physical Health and Fitness
- Outdoor Education

Focus of P1 & P2 Syllabus

Fundamental Movement

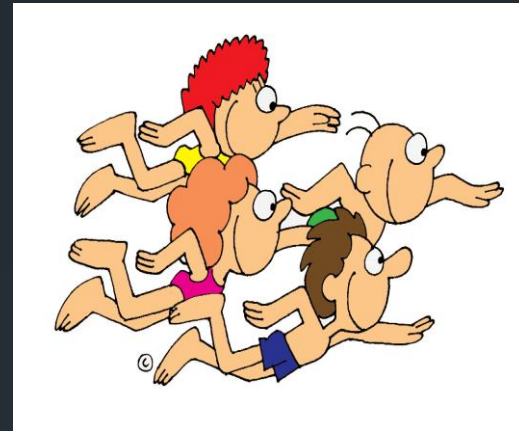
- Locomotor skills
- Non-locomotor skills
- Manipulative skills

Educational Gymnastics/ Dance

- Movement
- Body awareness
- Coordination
- Sense of rhythm

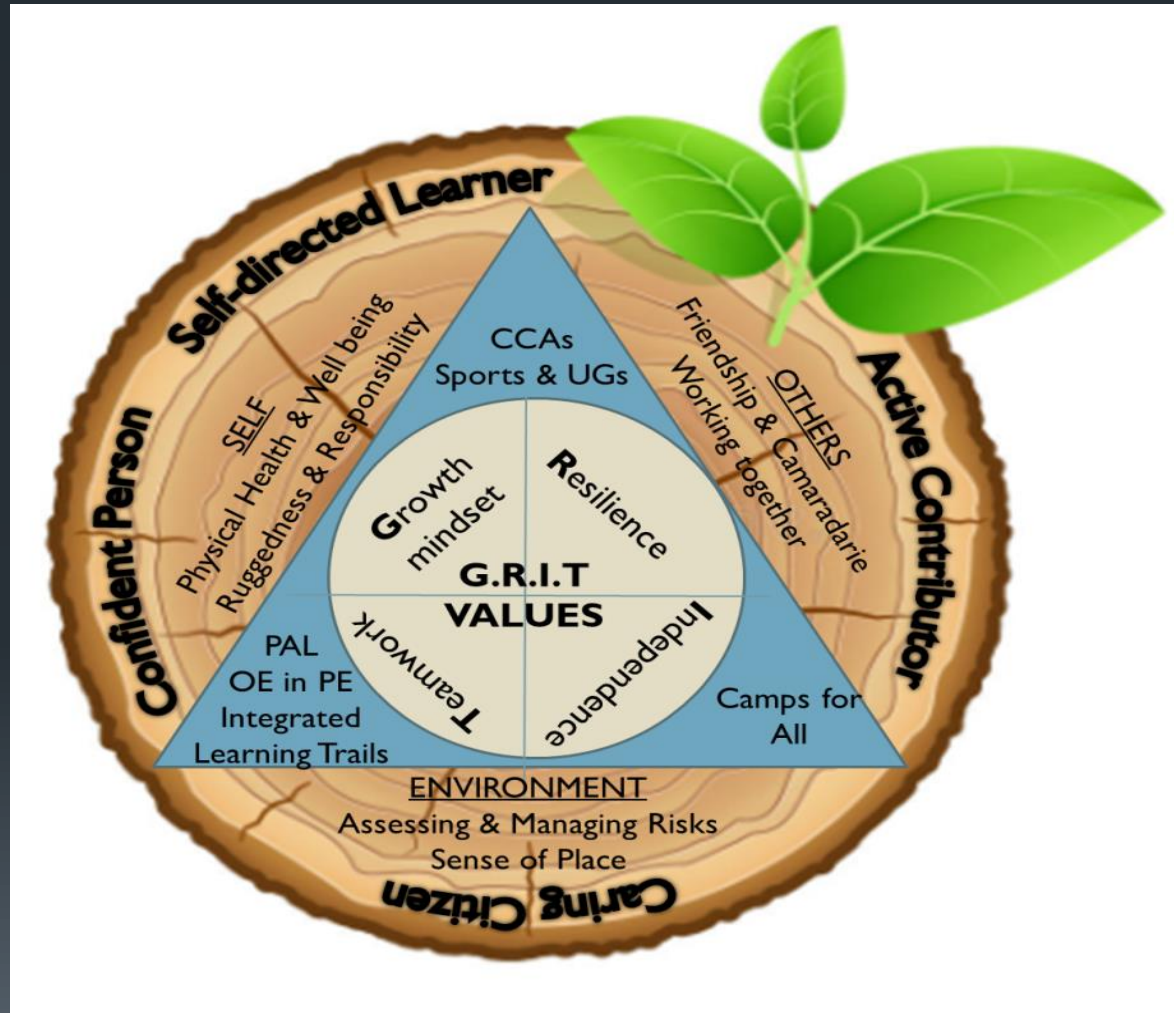
SCOPE OF PE P3-6 LEVEL

- Athletics
- Dance
- Games and Sports
- Gymnastics
- Physical Health and Fitness
- Outdoor Education
- Swimming for P3*
- Fitness and Conditioning
- (NAPFA test for P4 and 6)*



Learning for Life Programme (LLP)

G.R.I.T.@RMPS



Camps for All as the GRIT@RMPS anchor programme

- P1 'Ready for School Camp'
- P2 'My First Outdoor Camp'
- P3 'Preparing for Outdoor' School Camp
- P4 2D1N 'Outdoor Escapade Camp' at the Zoo
- P5 3D2N 'Outdoor Adventure Camp'
- P6 3N2N Overseas Urban & Cultural Camp



Programme for Active Learning (PAL) @ RMPS

Objectives of PAL

- Broad exposure through fun and varied activities
- Inculcating values and developing social and emotional competencies
- Holistic Development of the child

PAL Outcomes

- Exhibit confidence in what they do and express themselves effectively
- Exhibit curiosity and positive attitudes to learn
- Enjoy group experiences and teamwork



Characteristics of PAL

- Experiential in nature
 - Fun and Enjoyable
 - Encompasses learning in a creative way
 - Provides opportunities for children to reflect
 - Incorporates values education* and social and emotional learning
- (* responsibility, respect, resilience, integrity, care, harmony, school core values)*



PAL @ RMPS

- All Primary 1 and 2 students will participate in PAL
- Modules revolve around the “World of Nature” Theme
- 2 hours of PAL a week (T1 – 4)
- Each module consists of 7 lessons
- Use of classrooms, garden, field, PAL room and even Bukit Purmei Hillock

Primary 1	Primary 2
Sports & Games	Sports & Games
Outdoor Education	Outdoor Education
Performing Art (Music)	Performing Art (Dance)
Visual Arts	Visual Arts

PE/PAL Programmes/Platforms @ RMPS

Exposure and Experience for All	Opportunities for the Interested	Development and Participation in Competitions/Tournaments for the Talented
P1 & P2 PAL Modules (Sports and Games and OE)	Sports CCA	Junior Sports Academy for talented P4 and P5 students
P1 to P6 Camps for All	Play @ Recess	Sports CCA inter-school competitions/tournaments
P3 Modular CCA	Jogawalk & Family Day	Non-CCA competitions
P3 SwimSafer		
Mini Olympics		
Olympic Festival		
PE/HE Assembly Programmes		
Sports Education Programmes (SEP)		
ACES Day		

RMPS

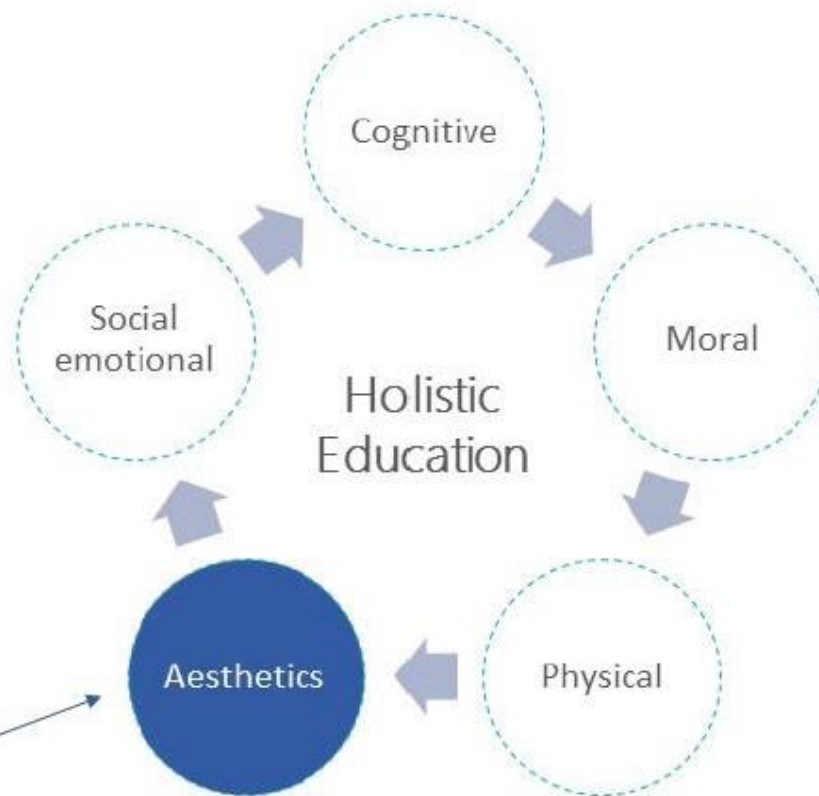
Aesthetics Curriculum



ART



Art Education
is integral to the
holistic
development
of every child.



ART



The aims of art education are to enable every child to be visually literate and to appreciate art.

Visually literate:

Being visually literate, our students are able to observe, understand and make meaning of what they see. They are also able to communicate their ideas by using and creating visuals.

Appreciate Art:

Students will be able to see the value and recognise the relevance of art in their lives.

OBJECTIVES OF THE ART CURRICULUM



For every child to develop:

- Sensory awareness and imagination
- Visual inquiry skills to discover and explore their surroundings.
- Acquire skills that enable them to describe and interpret artworks.
- Create artworks to share their ideas, thoughts and feelings.
- Cultivate a spirit of innovation and experimentation.
- Understand and value the art from a variety of cultures and contexts.

The objectives of the art syllabus are achieved through the framework of Seeing, Expressing and Appreciating.

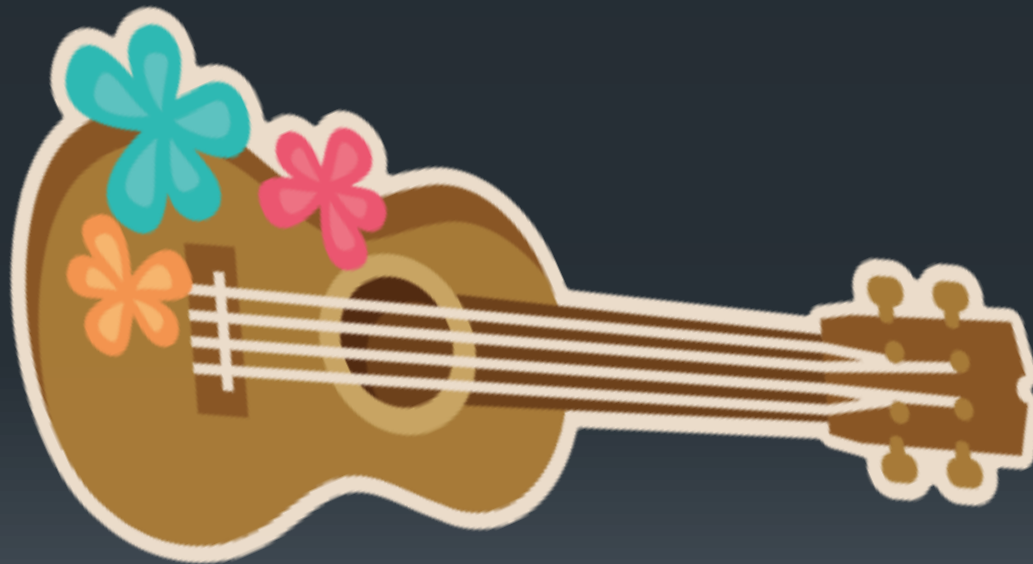
At the P1 and P2 level, the learning outcomes are as follows:

- Seeing: Identifying simple visual qualities around them and be curious about what they see
- Expressing: Sharing their imagination, thoughts and feelings, using selected art materials and media
- Appreciating: Enjoy looking at art and creating art, talk about what they see and experience

P1 AND P2 ART SYLLABUS & PROGRAMMES

- The focus at P1 and 2 are learning the basic elements of art using different mediums such as pencil, crayons, colored pencils and paint
- Creating 2D artwork and 3D craftwork
- Students will also learn art through ICT via Digital Art lessons
- There will also be art performances and assembly programmes to promote different art forms

MUSIC



MUSIC

- The General Music Programme (GMP) is offered to all students in primary and secondary schools. It is a key platform to provide every child with a basic music education and develop a connection to music.

RMPS Music cultivates appreciation for world music.

- Music curriculum designed in RMPS allows students to experience musical concepts through games and activities, followed by presentation of the musical concept by the teacher and reinforcement of the concept through singing and playing of classroom percussion music instruments.
- In addition, through learning folk dances and folk songs from European and Asian countries, giving students the exposure to different cultures since young to cultivate appreciation for world music.

Aims of the GMP are:

- Develop awareness and appreciation of music in local and global cultures
- Develop ability for creative expression and communication through music
- Provide the basis to develop an informed and life-long involvement in music

P1 AND P2 MUSIC SYLLABUS & PROGRAMMES

- The focus at P1 and P2 music are singing, movement and percussion instruments such as using the handbell, tambourine, cups and wood blocks
- Information and technology is weaved into the syllabus where students go through a E-music programme
- There will be platforms for students to perform such as Recess Recital, Jog-A-Walk and Family Day, Radin mas Got Talent
- Music Assembly will be conducted to expose students to various music forms

Art & Music Programmes/Platforms @ RMPS

Exposure and Enthuse	Experience and Enrich	Excel and Engage
P1 & P2 PAL Modules (Performing Arts and Visual Art)	Art and Music Curriculum	SYF Celebrations – Song Writing & Logo Design Competition
Music & Art Enrichment Programme (eg. P1-4 Digital Art, P5 Ceramics, P1-4 E-Music, P5 Cajun, etc)	Performing Arts and Visual Arts CCA	SYF Performing Art
Art Festival (Aesthetics Week)	P3 Modular CCA	SYF Art Exhibition
Art Gallery	P2 Arts Learning Journey	SOTA P6 Art Competition
Music Recess Recitals	P4 Museum-based Learning	RMPS Got Talent
Museum/Theatre Learning Journeys	P6 Arts Experience	RMPS National Day Art Competition
	Drama/Play Performance	Lantern Making Competition
	Jogawalk & Family Day Busking	SOTA Art Development Awards

CCAs @ RMPS from P3 Semester 2 onwards



Physical Sports	Clubs
Basketball Football (Boys) Hockey Rugby (Boys) Table Tennis	ELDDS Environment Club Infocomm Club Library
Visual & Performing Arts	Uniformed Groups
Chinese Dance Chinese Orchestra Choir Visual Art	Boys' Brigade Girls' Brigade Scouts

RMPS PAM PHILOSOPHY

- PE, Art and Music lessons are essential components of a holistic education.
- Every child should learn and enjoy PE, Art, Music and Outdoor Education.
- Every child should be exposed to a wide range of sports and games, art and music genres and outdoor education activities.

Your Role as a Stakeholder

- Belief in the importance of PAM education
- Encourage our students who are interested to participate actively in sports and games and to pursue the Arts
- Support our PAM programmes and initiatives





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