



PE, CCA & Aesthetics Department Sharing 2019

Vision

- Every student to make a mark in the areas of Sports, Outdoor Education and the Arts

Mission

- Equip every student with the knowledge, skills and attitude to lead a healthy lifestyle and develop an appreciation for the Arts

Broad Goals of PE, CCA & Aesthetics Department



To provide a quality PE, Art and Music education that nurture students' physical and aesthetics talents and abilities, and cultivate their interest in adopting a healthy lifestyle and develop an appreciation towards the arts.

Physical Education



PURPOSE OF PHYSICAL EDUCATION (PE)



- The purpose of physical education is to enable students to demonstrate individually and with others the physical skills, practices, and values to enjoy a lifetime of active, healthy living. (MOE, 2014)

GOALS OF PE



- Goal 1: Acquire a range of motor skills to participate in a variety of physical activities.
- Goal 2: Understand and apply movement concepts, principles and strategies in a range of physical activities.
- Goal 3: Demonstrate safe practices during physical and daily activities with respect to themselves, others and the environment.

GOALS OF PE



- Goal 4: Display positive personal and social behaviour across different experiences.
- Goal 5: Acquire and maintain health-enhancing fitness through regular participation in physical activities.
- Goal 6: Enjoy and value the benefits of living a physically active and healthy life.

LOWER PRIMARY LEVEL

- The lower primary level focuses on the teaching and mastery of fundamental motor skills and concepts applied through the learning areas of athletics, dance, games and sports, gymnastics and swimming to build the foundation of the specific movement patterns. (MOE, 2014)
- How to throw, catch, body awareness, how to move....
- To be effective, efficient, versatile movers!!

SCOPE OF PE P1-2 LEVEL

- Dance
- Games and Sports
- Gymnastics
- Physical Health and Fitness
- Outdoor Education

Focus of P1 & P2 Syllabus

Fundamental Movement

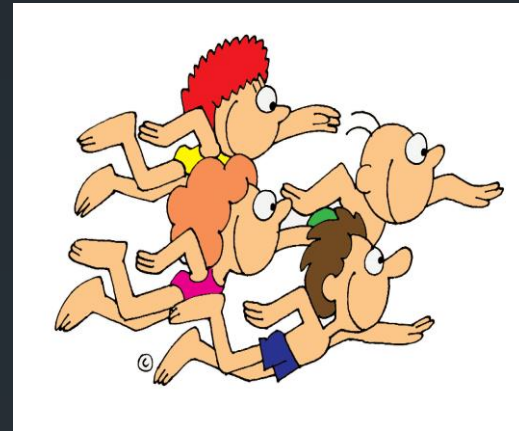
- Locomotor skills
- Non-locomotor skills
- Manipulative skills

Educational Gymnastics/ Dance

- Movement
- Body awareness
- Coordination
- Sense of rhythm

SCOPE OF PE P3-6 LEVEL

- Athletics
- Dance
- Games and Sports
- Gymnastics
- Physical Health and Fitness
- Outdoor Education
- Swimming for P3*
- Fitness and Conditioning
- (NAPFA test for P4 and 6)*



PE PROGRAMMES INVOLVING P1

- P1 Ready for School Camp (4 Jan)
- Play@Recess
- Jog-A-Walk and Family Day (6 Apr)
- ACES Day (8 Aug)
- Mini Olympics (3 Oct)



Camps for Life

- P1 'Ready for School Camp'
- P2 'My First Outdoor Camp'
- P3 'Preparing for Outdoor' School Camp
- P4 2D1N 'Outdoor Escapade Camp' at the Zoo
- P5 3D2N 'Outdoor Adventure Camp'
- P6 3N2N Overseas Urban & Cultural Camp



RMPS

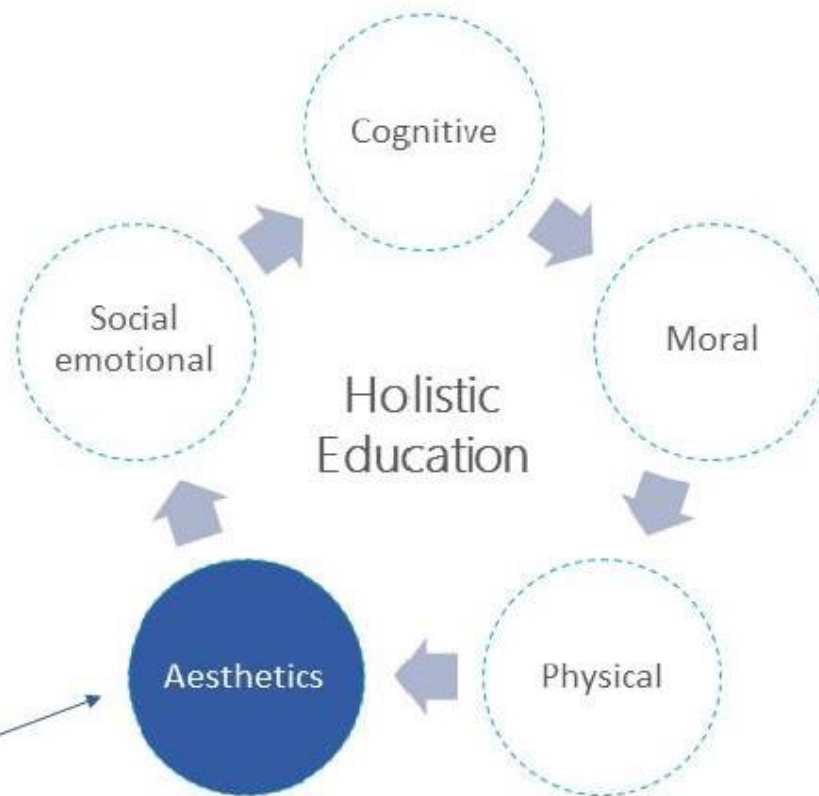
Aesthetics Curriculum



ART



Art Education
is integral to the
holistic
development
of every child.



ART



The aims of art education are to enable every child to be visually literate and to appreciate art.

Visually literate:

Being visually literate, our students are able to observe, understand and make meaning of what they see. They are also able to communicate their ideas by using and creating visuals.

Appreciate Art:

Students will be able to see the value and recognise the relevance of art in their lives.

OBJECTIVES OF THE ART CURRICULUM



For every child to develop:

- Sensory awareness and imagination
- Visual inquiry skills to discover and explore their surroundings.
- Acquire skills that enable them to describe and interpret artworks.
- Create artworks to share their ideas, thoughts and feelings.
- Cultivate a spirit of innovation and experimentation.
- Understand and value the art from a variety of cultures and contexts.

The Role of Art in Schools

- Provide opportunities for engaged and **self-directed** learning, exploration and **experience Successes and learn from Failure**
- Develop students' **critical and creative thinking**
- Nurture students to be **innovative and enterprising**
- Go beyond skills and knowledge to **building character and values**

FUTURE READY through

Art Discipline

expands imagination and creativity

21st Century Competencies

builds students' capacity to critically discern and process visual information, and communicate effectively in the 21st Century

Singapore Identity

fosters students' sense of identity, culture and place in society

The objectives of the art syllabus are achieved through the framework of Seeing, Expressing and Appreciating.

At the P1 and P2 level, the learning outcomes are as follows:

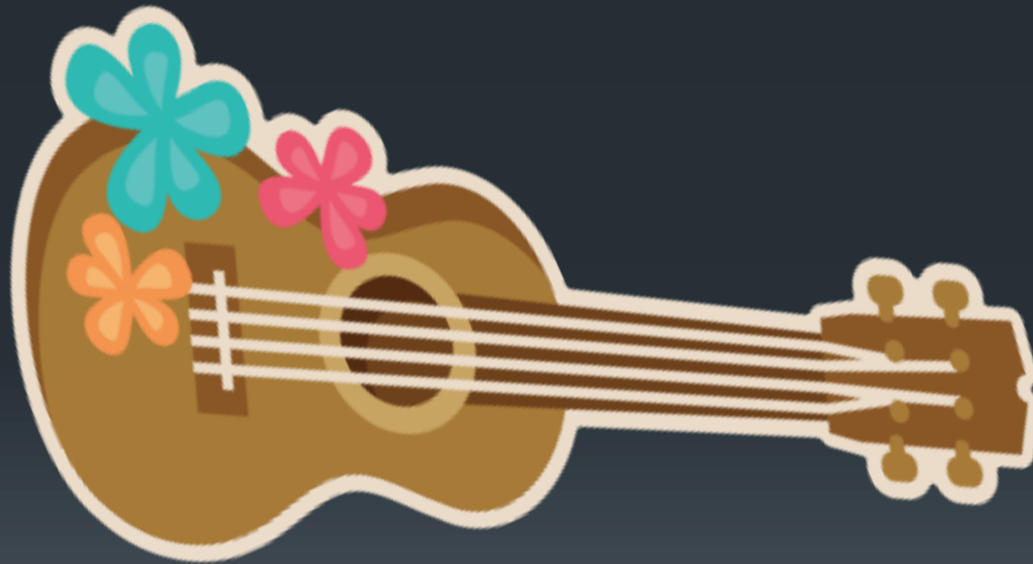
- Seeing: Identifying simple visual qualities around them and be curious about what they see
- Expressing: Sharing their imagination, thoughts and feelings, using selected art materials and media
- Appreciating: Enjoy looking at art and creating art, talk about what they see and experience

P1 AND P2 ART PROGRAMMES



- The focus at P1 and 2 are learning the basic elements of art using different mediums such as pencil, crayons, colored pencils and paint
- Creating 2D artwork and 3D craftwork
- Students will also learn art through ICT via Digital Art lessons
- There will also be art performances and assembly programmes to promote different art forms

MUSIC



MUSIC

- The General Music Programme (GMP) is offered to all students in primary and secondary schools. It is a key platform to provide every child with a basic music education and develop a connection to music.

RMPS Music cultivates appreciation for world music.

- Music curriculum designed in RMPS allows students to experience musical concepts through games and activities, followed by presentation of the musical concept by the teacher and reinforcement of the concept through singing and playing of classroom percussion music instruments.
- In addition, through learning folk dances and folk songs from European and Asian countries, giving students the exposure to different cultures since young to cultivate appreciation for world music.

Aims of the GMP are:

- Develop awareness and appreciation of music in local and global cultures
- Develop ability for creative expression and communication through music
- Provide the basis to develop an informed and life-long involvement in music

P1 AND P2 MUSIC PROGRAMMES

- The focus at P1 and P2 music are singing, movement and percussion instruments such as using the handbell, tambourine, cups and wood blocks
- • Information and technology is weaved into the syllabus where students go through a E-music programme
- • There will be platforms for students to perform such as Recess Recital, Jog-A-Walk and Family Day
- • Music Assembly will be conducted to expose students to various music forms

Although Music and Art are non-examinable subjects at the primary level, assessment in Music and Art is important to provide feedback to the various stakeholders

Portfolio is the main mode of assessment in *all* primary school.

1. We celebrate what students can achieve in the area of the arts

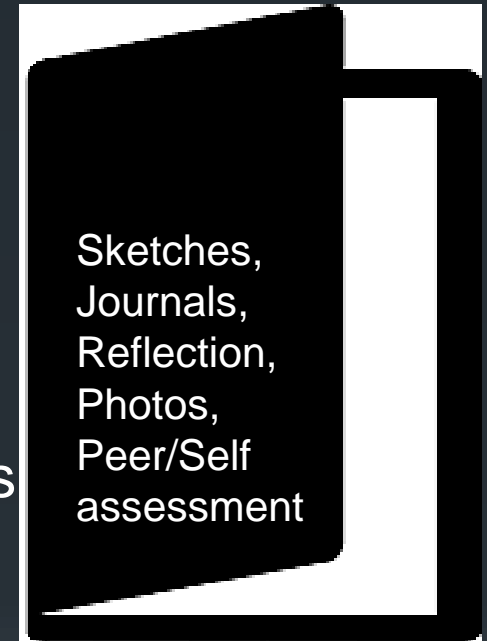
2. We identify students' strengths and areas for improvements so that they continuously grow in the Aesthetics domain

3. We support the teaching & learning of knowledge, skills and values through this syllabus

Art Portfolio is to

- Tell students' story
- Document processes and products
- Look into reflection of the students
 - What have they done
 - What can they do better
 - What can they do in the future

Portfolio involves these 4 important art processes
COLLECT, SELECT, REFLECT, CONNECT



For students to learn how to document & personalise their portfolio

Processes of Art-making & reflections are documented, not just final art works

Motivates students to become self directed & independent

For teachers & parents to better understand students & identify their strengths

Programme for Active Learning @ RMPS

Objectives of PAL

- Broad exposure through fun and varied activities
- Inculcating values and developing social and emotional competencies
- Holistic Development of the child

PAL Outcomes

- Exhibit confidence in what they do and express themselves effectively
- Exhibit curiosity and positive attitudes to learn
- Enjoy group experiences and teamwork



Characteristics of PAL

- Experiential in nature
 - Fun and Enjoyable
 - Encompasses learning in a creative way
 - Provides opportunities for children to reflect
 - Incorporates values education* and social and emotional learning
- (* responsibility, respect, resilience, integrity, care, harmony, school core values)*



Characteristics of PAL



PAL @ RMPS

- All Primary 1 and 2 pupils will participate in PAL
- Modules revolve around the “World of Nature” Theme
- 2 hours of PAL a week (T1 – 4)
- Each module consists of 7 lessons
- Use of classrooms, garden, field, PAL room and even Bukit Purmei Hillock

Primary 1	Primary 2
Sports & Games	Sports & Games
Outdoor Education	Outdoor Education
Performing Art (Music)	Performing Art (Dance)
Visual Arts	Visual Arts

RMPS PAM PHILOSOPHY



- PE, Art and Music lessons are essential components of a holistic education.
- Every child should learn and enjoy PE, Art, Music and Outdoor Education.
- Every child should be exposed to a wide range of sports and games, art and music genres and outdoor education activities.

Your Role as a Stakeholder

- Belief in the importance of PAM education
- Encourage our students who are interested to participate actively in sports and games and to pursue the Arts
- Support our PAM programmes and initiatives



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